

Classroom	General Classroom Building, Room 320
Days/Times	Tuesday and Thursday 12:00 to 1:08 pm
Instructor	Fran Israel
Office Location	DSPS in the Student Services Building, also Room 320
Office hours:	Tuesday/Thursday 10:30 to 11-30 and 3:00 to 5:00 pm
Phone	310 287-4450
Email	israelf@wlac.edu
Textbook	Handout
Materials:	3 ring notebook, paper; a textbook from any class
Overview	This class will study memory techniques and give you a chance to practice and use them to discover what works for you...and improve grades. This class combines lecture, discussion and activities.
Outcome	a) Will understand and practice the process of memory using the technique of spaced learning. <ol style="list-style-type: none">1. Will think critically in choosing techniques suited to learning style2) Will practice memorizing in using memory strengths to promote learning and reduce anxiety.

Topics for the 8 class meetings

1. Introduction to memory
2. Learning style and memory
3. Laws of Learning
4. Why we forget
5. Memory tricks
6. Memory Techniques
7. Spaced review
8. Review and final assignment due.

Assignment: short assignment to memorize. Small group study permitted.

Grading: Credit/ No credit. You will be evaluated on

1. Completion of long term assignment
2. Regular and on-time attendance
3. Appropriate classroom participation
4. Notebook organization and completeness

This class meets only 8 times; you cannot learn if you are not in class...on time!

1 absence is allowed; 2 times late = 1 absence.

If you have 2 unexcused absences (other than emergency) and/or repeated inappropriate class participation, I will drop you from the roster so you can add another credit class

The Rules:

1. Respect for others is the #1 requirement in this class. Talking; texting, passing messages, ringing phones and getting up to answer phones/pagers in middle of class, are all disruptive, rude behaviors that lead others to believe that you believe that no one else's time is as valuable as your own. In college professors are not required by law to keep anyone in class who has a negative effect in the classroom. College is not everyone's right; it is a privilege .

2. Everyone needs to listen with respect to other's questions and comments. There will be no negative comments or laughter that shows disrespect for others. There are no foolish questions in this classroom. Your comments should be polite and positive at all times.

This class is offered to help you to learn better, improve your grades and reach the goals in life that you have chosen, both in college and the world of work.