



Division: Dance, Health & Physical Education

Course name: Kinesiology Athletics 511 Intercollegiate Athletics- Soccer (UC:CSU) 3.00 Units

Section: 2188 / Semester Fall 2015

Instructor Name: Amber de Seriere

School Website: www.wlac.edu

Class Hours: MTWTHF

Address: 9000 Overland Ave., Culver City, CA 90230

1:30 p.m. – 3:40 p.m.

Location: Soccer Field

Office Hours: Monday/Wednesday

Instructor E-mail: deseria@wlac.edu

Immediately following class

Location: PECN Room #130

Course Description

This course is for the women's intercollegiate soccer team. The course covers fundamental, intermediate, and advanced principles, theories, and skills of soccer. Students will practice the soccer skills of passing, dribbling, shooting, goal keeping, individual and team offense and defense, and will be expected to participate in intercollegiate competition.

Required Materials

- WLAC soccer training attire
- Cleats, shin guards
- Water bottle
- Notebook and pen/pencil

Course Objectives:

Upon successful completion of this course, students will be able to:

- A. Demonstrate and explain proper stretching techniques.
- B. Formulate a plan to achieve desired soccer goals.
- C. Evaluate progress at achieving goals with pre and post season fitness test.
- D. Apply FIFA Laws of the game in soccer scrimmage and game play.
- E. Select mental and physical preparation techniques to successfully execute the game strategy and performance.
- F. Apply proper sportsmanship and game etiquette in practice and game play.
- G. Student can explain the State Commission eligibility rules

Student Learning Outcomes (SLO)

Outcome #1: Demonstrate physical fitness levels based on pre post test evaluations (cardio-vascular, strength, flexibility).

Outcome #2: Explain, discuss and recognize conference and state rules regarding athletic eligibility.

Class Policies

I. Attendance and Participation

Because class discussions and group work are an integral part of this course, attendance and participation is mandatory. Up to 3 absences are allowed. After that, you could be dropped. Students are expected to attend every class meeting, to arrive on time and stay throughout the class period. **Excessive absenteeism will lower your grade, as well as walking in and out of class.** 3 tardies = 1 absence. Students may be dropped from class for excessive tardiness, or for failure to attend class the first day or during the entire first week of the class.

II. Homework

Students will be required to keep a self-evaluation log throughout the entire semester to track physical progress being made in class. The log will be returned to the instructor after every class period for grading.

III. Grading

Grading will be based on course attendance/participation and completion of workout journal. Students in this class will, based on effort and quality of work receive a final letter grade of A, B, C, D or F.

1) Class participation and attendance (10pts/day):	710 pts
2) Self-evaluation log:	<u>90 pts</u>
	Total = 800 pts

A= 720 + B= 640-719 C= 639-560 D=559-480 F= 479 & Below

III. Extra Credit

Extra credit may be utilized to bring up a student's grade (see instructor).

IV. Preparedness

You are expected to arrive on time. You will come to each class session prepared. You will have your WLAC training attire, cleats, shin guards, pens/pencils, notebook, water bottle and any paper work to turn in ready at the beginning of class. If for any reason you will be late/miss class, advanced notice and a valid reason shall be presented to the instructor.

V. Cell Phones, iPods, etc.

Turn them off and put them away when class begins!

VI. Contacting Me

E-mail is the best and quickest way to contact me

College Policies:

Academic Integrity (Plagiarism)

In accordance with code 9803.28, **academic dishonesty is prohibited and will not be tolerated in this class.** Violations of academic integrity include, but are not limited to, the following actions: cheating on an exam, plagiarism, working together on an assignment, paper or project when the instructor has specifically stated students should not do so, submitting the same term paper to more than one instructor, or allowing another individual to assume

one's identity for the purpose of enhancing one's grade. Academic dishonesty of any type, such as cheating or knowingly furnishing false information, by a student provides grounds for disciplinary action by the instructor or college. In written work, no material may be copied from another without proper quotation marks, footnotes, or appropriate documentation.

- o **Plagiarism will result in a zero for the assignment, possible dismissal from the class and disciplinary action from the college.**

Student Conduct

According to code 9803.15, disruption of classes or college activities is prohibited and will not be tolerated. Refer to the Wildcat Soccer Team Handbook, course catalog and the Standards of Student Conduct in the Schedule of Classes for more information.

Campus Resources:

If you are having problems, don't let them snowball. Come and talk with me and check out some of the campus resources available to you.

Office of Disabled Student Programs and Services (DSP&S)

Student Services Building (SSB) 320 | (310) 287-4450.

Instructional Support (Tutoring) & Learning Skills Center

Heldman Learning Resources Center (HLRC) | (310) 287-4486

Library Services

Heldman Learning Resources Center (HLRC) | (310) 287-4269 & (310) 287-4486