



WEST LOS ANGELES COLLEGE ATHLETICS | 9000 OVERLAND AVE - CULVER CITY, CA 90230
(310) 287 - 4263 | WWW.WLAC.EDU/WILDCATS

Wildcat Track Update: April 16, 2011

WOMEN'S RELAY TEAM VICTORIOUS AT THE BEACH INVITATIONAL

Ladies break 10 year old school record in the 4x400 meter relay



CERRITOS, Ca. - The West LA women's 4x400 meter relay team broke the school record in the event Saturday afternoon at the Beach Invitational hosted by Long Beach State at Cerritos College. Sophomores KeShawna Fisher, Reanna Davison, and Dyneeca Adams, along with Freshman Selina Collins crossed the finish line in 3:46.17 which was .87 of a second faster than the previous mark set by Erika Wilson, Sherron Rhetta, Monique Jessie, and Kim Gildersleeve in 2001 with a time of 3:47.04

On Saturday, the women not only finished first in their heat, but they had the fastest time of the day in a field which consisted primarily of 4 year schools including Northern Arizona, South Dakota State, UNLV, and Marquette. Other

Wildcats were in action in Cerritos on Saturday as well. Courtney McCoy jumped a personal best 5'3.75" in the high jump, and Brian McDade jumped 22'8 in only the second long jump competition of his career. Cydney Graham placed first in her heat of the 400 meters with a time of 57.77.

The championship season begins Thursday for the Wildcats with the Western State Conference Prelims Thursday at Santa Monica College. Field events start at 11am with running events kicking off at 12 noon. The women are defending champions, and the men were runner-up in 2010. The men's squad last won the title in 1974.

###