



WEST LOS ANGELES COLLEGE ATHLETICS | 9000 OVERLAND AVE - CULVER CITY, CA 90230
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WLAC Track & Field Update: May 2009

West Women Take 3rd at Southern California Championships

7 out of 7 Qualify for the State Championships | 4x400 Meter Relay Wins Title



Seven out of seven of the West Los Angeles College women's track athletes placed in their respective events at the Southern California Finals held at Mt. Sac on Saturday, May 9. This earned each Wildcat a spot in the California State Championships on May 15 and 16 in San Mateo.

The solid individual performances by the West women propelled the Wildcats to a third place finish. This follows a team second place finish by the Wildcats at the recent Western State Conference Championships.

1st Place in the 4x400. Sophomore Alysha Turner displayed a strong finishing kick, coming from 10 meters back for a Wildcat victory in the 4x400 relay. The Dorsey High School product, who also finished 2nd in the 800m, out-sprinted Riverside's anchor on the final leg. Turner teamed up with Turquoise Williams, Lauren McGee, and Aysha Moultrie to run a season best time of 3:49.29 in the final event of the meet. The victory helped West overtake Orange Coast College in the team standings.



2nd Place in the 4x100. With a second place finish, the team of McGee, Moultrie, Turner, and Dominique Sterling clocked 47.18 qualifying them for the state championships. Later on in the day, Sterling finished third in the 200 meters, also qualifying for state.

The West women finished with 75 points for third place. Cerritos won the women's title, and Riverside came in second.

The Wildcats leave this Thursday for the State Championships. Events begin at 10 a.m. on Friday and Saturday.

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