

# “H” Course Descriptions

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**HEALTH**

**HISTORY**

**HOSPITALITY**

**HUMANITIES**

West

COURSE DESCRIPTIONS



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## GEOGRAPHY

(Also see Earth Science, Environmental Science, and Oceanography)

### 1 Physical Geography (3) UC:CSU

This course is a systematic study of the elements of the physical environment (e.g. weather, climate, landforms, water, soil and vegetation), and an analysis of their interrelationships and patterns of world distribution.

### 2 Cultural Elements of Geography (3) UC:CSU

*Note: Geography 1 is not a prerequisite for Geography 2.*

The cultural elements of geography, and their correlation with the physical environment are introduced. Population patterns, cultural diversity, livelihood, settlement, environmental modification and perception are emphasized.

### 15 Physical Geography Laboratory (2) UC:CSU

*Prerequisite: Geography 1, or concurrent enrollment in Geography 1.*

This course will introduce the student to the description, analysis, explanation and representation of natural phenomena such as: Earth-Sun relationships; Earth's representation on maps and in air photos; temperature, moisture, and pressure; air masses, fronts, and storms; and landform evolution by tectonic, erosion, and depositional forces.

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## GEOLOGY

(Also see Earth Science and Oceanography)

### 1 Physical Geology (3) UC:CSU

This course surveys the materials and structures of the earth and the agents and processes that modify it. A study of rocks and their mineral composition; the work of rivers, winds, glaciers and oceans as agents of erosion; and volcanoes and earthquakes as forces which change the surface of the earth are covered. The main purpose of the class is to stimulate student interest in the geological aspects of the environment in which they will spend their lives. *Note: Geology 1 and Geology 6 taken together fulfill a laboratory science course.*

### 6 Physical Geology Laboratory (2) UC:CSU

*Prerequisite: Geology 1 or concurrent enrollment in Geology 1.*

This course deals with laboratory exercises that aid students in the identification of rock-forming minerals, igneous, metamorphic and sedimentary rocks, and the interpretation of topographic and geologic maps. *Note: Geology 1 and Geology 6 taken together fulfill a laboratory science course).*

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## HEALTH

### 2 Health and Fitness (3) UC:CSU

This course promotes healthy physical and psychological lifestyles, with emphasis on disease prevention, nutrition, sexuality, reproduction, drugs, alcohol, tobacco, aging, stress management and weight control. The physical fitness segment emphasizes individual improvement utilizing aerobic, flexibility and strengthening activities.

*UC Transfer Credit Limit: A maximum of one course from Health 2 or Health 11.*

### 7 Physical Fitness and Nutrition (3) UC:CSU

This course covers the importance of physical fitness and proper nutrition in our personal and social development. Students will construct a health behavior change project based on a thorough analysis of personal health and fitness choices. Students will evaluate various types of fitness activities, as well as diet plans based on fact rather than fad. The course also encourages good decision-making when selecting nutritive foods and healthy behaviors that enhance weight control goals, disease prevention and overall well-being.

### 11 Principles of Healthful Living (3) UC:CSU

This course is required for all students seeking an associate degree. It is also recommended for students entering the teaching profession, or in preparation for health care professions such as nursing, medicine, physical therapy, dentistry, and areas in the biological sciences.

Emphasis is placed upon up-to-date and factual information related to personal, family, and public health, as well as approaches to critical thinking with reference to important health issues and publications.

*UC Transfer Credit Limit: A maximum of one course from Health 2 or Health 11.*

### 12 Safety Education and First Aid (3) UC:CSU

This course meets the certification requirements of both the standard and advanced first-aid courses offered by the American Red Cross. It covers prevention of accidents, care of common injuries, and emergency procedures at an accident scene.

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## HISTORY

*NOTE: Check with the Counseling Office to determine which History courses meet the American Institutions Requirement.*

### 1 Introduction to Western Civilization I (3) UC:CSU

This course provides a broad historical study of the main cultural, economic and political trends and events, from the rise of civilization in the Near East to the Age of Absolutism.

### 2 Introduction to Western Civilization II (3) UC:CSU

This course surveys Western Civilization from the Renaissance to the present. Major topics include the political, economic, and social organization of Europe, with particular emphasis upon the rise of the nation state and industrialization. Europe's expanding global influence in the nineteenth and twentieth centuries will also be examined.

### **5 History of the Americas I (3) UC:CSU**

This course presents the major socio-cultural and economic developments that accompanied the discovery and colonization of the Americas, from the pre-Columbian era through the period of U.S. and Latin American independence.

### **6 History of the Americas II (3) UC:CSU**

This course surveys the history of the Americas, from the Latin American wars of independence to the present, stressing Latin America development, inter-American relations and constitutional patterns.

### **11 Political and Social History of the United States I (3) UC:CSU**

This course surveys the political, social, economic and constitutional history of the United States, from the colonial settlements through the Civil War and reconstruction.

*UC Transfer Credit Limit: A maximum of one course from History 11, 41, 43; African American Studies 4.*

### **12 Political and Social History of the United States II (3) UC:CSU**

This course presents the major socio-cultural, political and economic developments during the course of the history of the United States, from the Reconstruction period through the present day.

*Note: UC Transfer Credit Limit - a maximum of one course from History 12, 13, 42, 44; African American Studies 5; and Chicano Studies 8.*

### **27 History of Africa (3) UC:CSU**

This is an introductory course in African history. It summarizes and highlights the main events, both internal and external, which have shaped the particular course of African history. The course will cover the origins of humanity and the progression from simple to complex societies from the colonial era to the present day, touching on all of the main political, economic, and socio-cultural developments that may be of interest to Africans on the continent and in the Diaspora.

### **29 Asian Civilization: The Middle East (3) UC:CSU**

An introductory survey of the modern Middle East emphasizing Islamic culture and its political and socio-cultural development. The course deals with the life and teachings of Mohammed, development of the Islamic world, and the relationship between the Islamic world and the rest.

### **40 American History in Film (3) UC:CSU**

This course will survey the development of American films, and explore the way in which American history has been both accurately and falsely presented for popular consumption.

### **41 The African-American in the History of the United States I (3) UC:CSU** (Same as African-American Studies 4)

This course provides a survey of U.S. history from the early Colonial period through the Civil War, with special emphasis on the contributions of African-Americans. It provides a background in the political, economic, and social development of the United States for students majoring in the Social Sciences, and for those who want to gain a better understanding of the African-American in American society.

*UC Transfer Credit Limit: A maximum of one course from History 11, 41, 43; African American Studies 4.*

### **42 The African-American in the History of the United States II (3) UC:CSU** (Same as African-American Studies 5)

In a survey of U.S. history from the end of the Civil War to the present time, this course provides information about the African-Americans' part in the social, economic, and political development of American society and culture. Also included is a continued survey of the United States Constitution.

*UC Transfer Credit Limit: A maximum of one course from History 12, 13, 42, 44; African American Studies 5; and Chicano Studies 8.*

### **43 The Mexican-American in the History of the United States I (3) UC:CSU**

This course presents the major socio-cultural, political and economic developments during the course of the early history of the United States, from the pre-Columbian era through the period of Reconstruction, with special emphasis on the contributions of Mexican-Americans and the history of the Southwest. Included is a survey of the United States Constitution.

*UC Transfer Credit Limit: A maximum of one course from History 11, 41, 43; African American Studies 4.*

### **44 The Mexican-American in the History of the United States II (3) UC:CSU** (Same as Chicano Studies 8)

The course will introduce students to the background of the political, social, economic and cultural development of the United States from Reconstruction to the present, with particular emphasis on the contributions of the Mexican-American to the development of the modern United States. There will also be discussion of key events in the history and development of Mexico, when appropriate. Also included is a continued survey of the United States Constitution. UC Transfer Credit Limit: A maximum of one course from History 12, 13, 42, 44; African American Studies 5; and Chicano Studies 8.

### **52 The Role of Women in the History of the United States (3) UC:CSU**

This course will survey women's contributions to the economic, cultural and socio-political development of the United States between the Civil War and the present. The roles of women of African, Asian, European, and Hispanic descent will be emphasized.

### **86 Introduction to World Civilization I (3) UC:CSU**

This survey course traces the development and interrelationships of the major world civilizations, their traditions and contributions, from the earliest times to the beginning of the era of European expansionism in the 16th century.

### **87 Introduction to World Civilization II (3) UC:CSU**

This course will trace the development and interrelations of the major world civilizations and their traditions and contributions, from the beginning of the era of European expansion in the sixteenth century through modern times.

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## HOSPITALITY

### 302 Introduction to Hotel/Motel Operations (3) CSU

With employment opportunities growing every day in the hotel industry, this course will help open the door to those opportunities and start you on your way to a rewarding career. By providing an overview of the lodging industry, this course will introduce such topics as hotel classifications, accommodations, front and back office operations, logistics, accounting, the food and beverage division, hotel engineering, and the many employment opportunities available in the various sectors of the business. You'll learn industry terminology and the scope of the hotel industry's relationship to other parts of the tourism, travel and hospitality industries.

### 303 Hotel Front Office Operations (3) CSU

Exciting and rewarding careers are available in the fast growing hotel industry, and in this course students will become familiar with the nature of hotel front office operations including the scope of the industry. The relationship of hotels to other parts of the tourism, travel, and hospitality industries will be included. Among the many sectors will be front desk operations, departmental organization, industry terminology, front office accounting, customer service, interpersonal skills, decision-making skills, and teamwork.

### 310 Hospitality Sales (3)

Sales skills are the most important abilities any professional in the hospitality industry can possess. This course is designed to teach those skills based on a how-to approach to consultative sales. Students will learn sales skills used in the hospitality industry including prospecting for clients, opening techniques, probing for needs, presenting the product, overcoming objections, contracts, servicing the sale, price negotiations, closing the sale, and the importance of follow-up in maintaining a high rate of returning guests. People with the skills to effectively sell hospitality products are in great demand, earning high salaries and working in an industry with great benefits and unlimited potential.

### 311 Hospitality Marketing (3) CSU

Today's dynamic and competitive hospitality industry is seeking people who have the latest marketing skills. This course provides a solid background in hospitality marketing and advertising. The students will learn how to produce effective marketing plans as well as sales and marketing materials. They will learn to target the most appropriate customer markets to increase sales, and they will learn to recognize the most effective marketing strategies for the hospitality industry. Among the other topics covered are research and analysis, product development, public relations, promotion, publicity, marketing to the travel trade, pricing, and communications.

### 320 Hospitality Law (3)

For anyone considering a career in the Hospitality Industry, a thorough understanding of the duties, rights, and responsibilities of employers, employees and patrons is very important. Since laws covering the innkeeper-restaurateur are very different than most other businesses, this course not only covers the legal ramifications of dealing with patrons, it covers the relationship and responsibilities between employers and employees. The rapidly developing area of casino/resort law is also covered. By using a preventive approach, this course can keep the legal considerations of hotel and restaurant operations from becoming expensive problems.

### 325 Guest Relations Management (3) CSU

Without guests the hospitality industry would not exist, and the treatment of those guests is a very important aspect of the business. There are excellent career opportunities for people skilled in the proper treatment and management of guests and the guest experience. In this course students will learn the service principles of dealing with guests including meeting guest expectations, training the staff, motivation and empowerment, involving the guest, communicating, delivering the service, fixing service problems, the aspect of waiting for service, and the steps to service excellence.

### 330 Managing Technology and E-Commerce (3) CSU

The Internet is an emerging force in the hospitality industry, and this course will give the student the knowledge necessary to compete effectively in the marketplace. In this course emphasis is placed on providing a thorough understanding of how e-marketing, e-commerce and online information will be one of the most important areas of the hospitality industry in the coming years. Among the topics covered are definitions of e-terms, e-commerce models, software, business-to-business marketing and online information distribution.

### 340 Introduction to Professional Food Service (3)

The food and beverage branch of the hospitality industry is an exciting and often overlooked area of career opportunities. This course will provide students with a basic yet comprehensive introduction to foodservice operations and give them the foundation they need to make smart decisions in food and beverage operations. Students will learn the history and scope of the industry, food service operations, bar operations, budgeting, inventory control, and management techniques for efficient and effective resource utilization in the production and service of nutritious, safe, and high quality food.

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## HUMANITIES

### 1 Cultural Patterns of Western Civilization (3) UC:CSU

This course is designed to introduce the student to the general concepts or principles of the Humanities as evidenced in the ideas of applied aesthetics. Music, literature, painting, sculpture, architecture and other art forms are studied in relation to their background, function, medium, organization and style.

### 30 The Beginnings of Civilization (3) UC:CSU

This survey of the cultural heritage of Western civilization, from ancient Egypt, Mesopotamia and Greece to the Early Renaissance, presents a history of culture and values with emphasis on artistic, literary, musical, religious and philosophical traditions. A wide variety of audio/visual materials is used.

### 31 People in Contemporary Society (3) UC:CSU

This survey of the cultural heritage of Western civilization from the High Renaissance to the end of the twentieth century presents a history of culture and values, with an emphasis on artistic, literary, musical, philosophical, and cinematic traditions using a wide variety of audio/visual materials.

**60 People and Their World: Technology and the Humanities (3) UC:CSU**

This course provides opportunities to examine the interaction between society and technology. Challenging and stimulating questions about cultural and social values in light of the effects of modern technology are developed and discussed.

**61 People and Their World: The Creative Process (3) CSU**

This course focuses on the creative process. It surveys creativity as expressed through art, architecture, literature and music, incorporating historical, psychological and philosophical perspectives.

**77 Medieval Cultures (3) UC:CSU**

A comparative study of the cultures of the Middle Ages in Europe and the Middle East will include the literary, musical, and artistic traditions of Christianity, Islam, and Judaism.

**185 Directed Study - Humanities (1) CSU**

**911 Cooperative Education - Humanities (1) CSU**

**921 Cooperative Education - Humanities (2) CSU**

**931 Cooperative Education - Humanities (3) CSU**

**941 Cooperative Education - Humanities (4) CSU**

(See the "Cooperative Education" section for guidelines)

## JAPANESE

**1 Elementary Japanese I (5) UC:CSU**

This course provides the fundamentals of the Japanese language with emphasis on the spoken word. The Japanese syllabary for Hiragana, Katakana and basic Kanji are introduced. In addition, the course introduces the study of Japanese culture.

*NOTE: Japanese 21 and Japanese 22 together are equivalent to Japanese 1.*

**2 Elementary Japanese II (5) CSU**

Prerequisite: Japanese 1 with a grade of "C" or better

This course continues students' development of fundamental linguistic communication skills in Japanese. The course also continues the study of Japanese culture.

**21 Fundamentals of Japanese I (3) UC:CSU**

This is a course in spoken Japanese that stresses the fundamentals of pronunciation and grammar, basic vocabulary, useful phrases, and the ability to understand and speak simple Japanese. It includes an introduction to the Hiragana writing system. *NOTE: Japanese 21 and Japanese 22 together are equivalent to Japanese 1.*

**22 Fundamentals of Japanese II (3) UC:CSU**

Prerequisite: Japanese 21 with a grade of "C" or better. This course stresses pronunciation, intonation, grammar, and basic vocabulary. An introduction to the Kanji and Katakana writing systems is included.

*NOTE: Japanese 21 and Japanese 22 together are equivalent to Japanese 1.*

## JEWISH STUDIES

**3 Contemporary Hebrew Literature in Translation (3) UC:CSU**

This course is an introduction to imaginative literature by contemporary and recent Israeli writers of fiction, poetry, and drama. Writers may include Agnon, Amichai, Appelfeld, Grossman, Oz, and Yehoshua. All readings are translated into English. Students will write analytical papers in response to the readings.

**6 American Jewish Literature (3) UC:CSU (Same as English 233)**

Students in this course will read and learn to analyze and write about fiction, poetry and drama that reflects the American Jewish cultural experience. The selected short stories, novels, poems and plays illustrate the following themes: tradition versus modernity, identity, assimilation, the American dream, creativity and art, the family, and love.

**26 Survey of Jewish Thought and Culture (3) UC:CSU**

In this course, students examine important ideas in Judaism (such as Creation, good and evil, truth and justice) as well as art, music, and film that may reflect Jewish ideas and culture. The course generally features a field trip to the Skirball Cultural Center.

**27 Holocaust: A Prototype of Genocide (3) UC:CSU**

Students in this course study novels, memoirs, stories, and films that comment on the murder of six million Jews, a twentieth century tragedy that expanded our notion of the depths of evil to which humans can descend. The course examines the Holocaust from philosophical, psychological, and theological perspectives. Students have the option of attending a field trip to the Museum of Tolerance.

**Related Course: English 127 Creative Writing (3) UC:CSU**

In this special section focusing on Jewish thought, students read the Bible and Jewish mysticism as a source of ideas and follow directed writing exercises that help them to generate stories, poems, and plays. The course is suitable for beginning writers who need help getting started and experienced writers with works in progress. It is open to students interested in writing art, or Jewish thought.

## LAW

*Note: This program is not designed as preparation for law school admission. Students should consult catalogs from the law schools of their choice.*

**1 Business Law I (3) UC:CSU (Same as Business 5)**

Essentials of the law of contracts, of its application to everyday problems pertaining to business and to the individual are covered. Elementary safeguards regarding sales and sales contracts are also considered. Case discussions and lecture methods are utilized.

*Note: Credit is not granted for students enrolled in or with credit for Business 5. UC Transfer Credit Limit: A maximum of one course from Law 1, Law 2, Business 5.*