

555 Intercollegiate Cross Country-Fitness & Skills Training - (1) UC: CSU

This course is designed for the student athlete and is intended to provide focused strength and conditioning exercises, teach safety and injury prevention and present new rules for cross country.

556 Intercollegiate Basketball -Fitness & Skills Training (1) UC: CSU

This course is designed for the student athlete and is intended to provide focused strength and conditioning exercises with an emphasis on safety, injury prevention, and new rules and game plays for basketball.

557 Intercollegiate Baseball-Fitness & Skills Training- (1) UC: CSU

This course is designed for the student athlete. It is intended to provide focused strength and conditioning exercises, emphasize safety and injury prevention and present new rules and game plays for baseball.

558 Intercollegiate Soccer-Fitness & Skills Training- (1) UC: CSU

This course is designed for the student athlete and is intended to provide focused strength and conditioning exercises with an emphasis on safety, injury prevention, and new rules and game plays for soccer.

563 Intercollegiate Volleyball-Fitness & Skills Training- (1) UC: CSU

This course is designed for the student athlete. It is intended to provide focused strength and conditioning and flexibility exercises, emphasize safety and injury prevention and present new rules and game plays for volleyball.

KINESIOLOGY MAJOR

100 Introduction to Kinesiology (3) UC: CSU

Kinesiology is the study of the art and science of human movement throughout our lifespan. Students will be introduced to the evidence-based research supporting the therapeutic effects of exercise in improving health and society in our communities, schools, work place and clinical settings. Kinesiology provides areas of study in health and fitness promotion, clinical exercise physiology, biomechanics, motor learning and development, athletic training, dance, adapted physical education, pedagogy, sports psychology, sports nutrition, sports management, exercise equipment design and testing and wellness coaching as well as pre-professional training for cardiac rehabilitation, gerokinesiology, physical therapy, public health and policy, medicine and research.

126 Fundamentals of Athletic Training (3) UC: CSU

This course is designed for future athletic trainers, physical educators, coaches, physical therapists and anyone else who plans on working with active individuals who are prone to

injury. This course introduces the concepts and practical skills of athletic training, including the prevention, recognition, evaluation, and management of athletic injuries.

127 Advanced Athletic Training (3) UC: CSU

This course will build on the knowledge and skills introduced in Kin Maj 126. The student will acquire more clinical experience and learn advanced techniques in the prevention, recognition, evaluation, and management of athletic injuries using an Evidence-based practice approach.

128 Care and Prevention of Athletic Injuries (3) UC: CSU

The scope of this course includes the diagnosis and treatment of common athletic injuries, movement dysfunctions and upper/lower body impairment syndromes. The internal and external factors will be examined and discussed to provide the most appropriate care and management strategies.

143 Academic Success for Student Athletes (3) UC: CSU

This is a college orientation course designed to help student athletes set educational and career goals, develop good study habits, learn about college resources and acquire job hunting skills.

LAW

Note: This program is not designed as preparation for law school admission. Students should consult catalogs from the law schools of their choice.

1 Business Law I (3) UC: CSU

Essentials of the law of contracts, of its application to everyday problems pertaining to business and to the individual are covered. Elementary safeguards regarding sales and sales contracts are also considered. Case discussions and lecture methods are utilized. Note: Credit is not granted for students enrolled in or with credit for Business 5. UC Transfer Credit Limit: A maximum of one course from Law 1, Law 2, Business 5.

2 Business Law II (3) UC: CSU

This course covers essentials of the laws of negotiable instruments, security devices, partnerships, corporations, in their application to everyday problems of business. UC Transfer Credit Limit: A maximum of one course from Law 1, Law 2, Business 5.

3 Civil Rights and the Law (3) UC: CSU

*Not an elective for Paralegal Studies Program.

This course presents a comparative and analytical study of the law and related problems concerning the Bill of Rights and the U.S. Constitution. Life and the death penalty, freedoms of speech and press, freedom of religion, racial and sexual equality, and privacy are some of the topics under consideration, with emphasis on recent court decisions and current events.

LEARNING SKILLS

1 Reading (3)

Based upon a preliminary diagnostic assessment, students are placed in an appropriate reading curriculum utilizing a system of Reading Apprenticeship strategies, enhanced tutoring, supplemental instruction, and personalized instruction to increase comprehension skills and vocabulary development using assigned reading materials for English 28. Open only to students concurrently enrolled in English 28. This 3-unit class is available modularized into three 1-unit courses, as 001A, 001B, and 001C.

1A Learning Skills - Reading A (1)

1B Learning Skills - Reading B (1)

1C Learning Skills - Reading C (1)

2 English Fundamentals (3)

A self-paced, individualized Basic Skills class utilizing multimedia and computer-assisted instruction, workshops, and cooperative study groups. (This 3-unit course is modularized into three, 1 unit modules.)

2A English Fundamentals - A (1)

2B English Fundamentals - B (1)

2C English Fundamentals - C (1)

3 Vocabulary Development (3)

Designed to provide students with activities to expand comprehension and correct use of English vocabulary, both formal and academic, as well as informal, conversational, and idiomatic. This course emphasizes continued vocabulary growth and development through acquisition of skills and strategies for decoding and understanding complex vocabulary words in context. Students must have taken the English placement exam prior to enrolling in this course.

3A Vocabulary Development (3) (NDA)

A self-paced, individualized instruction course designed to provide students with activities that will expand their comprehension and use of spoken English. Learning Skills 3A is for all students designed with various levels of difficulty. These courses focus on continued vocabulary growth and development, as well as providing students with helpful strategies for understanding complex vocabulary words.

3B Vocabulary Development (3) (NDA)

A self-paced, individualized instruction course designed to provide students with activities that will expand their comprehension and use of spoken English. Learning Skills 3B is for all students designed with various levels of difficulty. These courses focus on continued vocabulary growth and development, as well as providing students with helpful strategies for understanding complex vocabulary words.

3C Vocabulary Development (3) (NDA)

A self-paced, individualized instruction course designed to provide students with activities that will expand their

comprehension and use of spoken English. Learning Skills 3C is for all students designed with various levels of difficulty. These courses focus on continued vocabulary growth and development, as well as providing students with helpful strategies for understanding complex vocabulary words.

3D Vocabulary Development (3) (NDA)

A self-paced, individualized instruction course designed to provide students with activities that will expand their comprehension and use of spoken English. Learning Skills 3D is for all students designed with various levels of difficulty. These courses focus on continued vocabulary growth and development, as well as providing students with helpful strategies for understanding complex vocabulary words.

5 English as a Second Language Fundamentals (1) (NDA)

This computer-assisted instruction (CAI) class is designed specifically to help the ESL student build language skills in vocabulary, reading speed, reading comprehension, and grammar. The student will learn on computers in a non-stressful environment tailored around his or her own schedule.

7 Basic Composition (3)

Focuses on basic sentence structures, paragraph development and essay organization. Recommended for students prior to taking the English Placement Exam, for students returning to school, or as review between semesters of foundational skills English coursework. Course content builds from basic to intermediate elements of sentence construction, paragraphing, and essay organization, with an overview of conventions unique to written academic English and writing standards across disciplines. Not for students who have already completed the foundational sequence of English classes and are now at or above the English 101 (College English) level.

10 Mathematics Fundamentals (3) (NDA)

A self-paced, individualized Basic Skills class utilizing multimedia and computer-assisted instruction, workshops, and cooperative study groups. This 3-unit course is modularized into three, 1-unit modules.

10A Mathematics Fundamentals (1) (NDA)

This is an individualized, self-paced mathematics class that focuses on basic math and pre-algebra through beginning algebraic concepts. The student learns an individualized review of basic mathematics skills involving whole number properties, order of operations, exponents, prime numbers, fractions, decimals, percent and proportions. This is a 1-unit class that provides foundational math skills for Math 105, 110 and 112. Students complete tutorials, drills, and mastery test using computerized tutorials. To receive credit, students must demonstrate 70% mastery of course content, measured by the mastery test in within each module.

10B Mathematics Fundamentals (1) (NDA)

This is an individualized, self-paced mathematics class that continues from LSK 10A, focusing on beginning through intermediate algebraic concepts. The student will be

introduced to working with rational numbers, solving and graphing linear equations and inequalities, solving and graphing linear systems and inequalities, polynomials, factoring, rational expressions, radical expressions, quadratic functions and logarithmic functions. This is a 1 - unit class that provides computerized assisted instruction for Math 115 (117/118), Math 123 ABC sequence and Math 125 (127/128). Students complete tutorials, drills, and mastery test using computerized tutorials. To receive credit, students must demonstrate 70% master of course content, measured by the mastery test with in each module.

10C Mathematics Fundamentals (1) (NDA)

A self-paced, individualized Basic Skills class utilizing multimedia and computer-assisted instruction, workshops, and cooperative study groups.

15 Overcoming Math Anxiety (3) (NDA)

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This class helps the student to ease into the world of mathematics. The course is designed to help students understand math anxiety, as well as provide an opportunity to discuss its myths and realities. This 13-week course consists of 9 lectures on strategies and techniques to improve a student's ability to be successful in a mathematics course. An additional 5 hours of outside activities, including computer-assisted instruction, will be offered to enable students to overcome the barriers impeding their success in mathematics.

40 Introduction to Learning Disabilities (1) (NDA)

Designed for students with verified disabilities or for those who plan to work with them, this course provides assessment of learning strengths and weaknesses. Students will learn to identify 1) specific skills needed to be successful in college and career and 2) Tools and techniques to compensate for learning style weaknesses. An Individualized program will be designed.

41I Study Strategies for Students with Learning Disabilities (0.5) (NDA)

Designed for students with verified challenges or for those who plan to work with them. This course provides training in study strategies. Students will learn and practice academic study techniques and identify the skills they need to be successful in college and in a career. This module focuses on goal setting, communicating, planning and decision making.

50 Intro to Computer Assisted Instruction –Language Arts (0.5) (NDA)

Using recognized software programs, this class introduces students to Computer Assisted Instruction in the Language Arts in a pressure-free, supportive environment. Students may choose from three course options: 1) enhance reading speed and comprehension 2) develop essay writing skills or 3) review grammar and writing skills as a co-requisite to English 21.

51A College Skills for the Learning Disabled Student (0.5) (NDA)

Designed for students who feel the need to improve basic skills, this course provides training in study strategies. Students will learn and practice academic study techniques and identify the skills they need to be successful in college and/or career. This module focuses on "Efficient Reading."

51B College Skills for the Learning Disabled Student (0.5) (NDA)

Designed for students who feel the need to improve basic skills, this course provides training in study strategies. Students will learn and practice academic study techniques and identify the skills they need to be successful in college and/or career. In this module the topic is note-taking. More efficient notes lead to student success.

51C College Skills for the Learning Disabled Student (0.5) (NDA)

Designed for students who feel the need to improve basic skills, this course provides training in study strategies. Students will learn and practice academic study techniques and identify the skills they need to be successful in college and/or career. In this module the topic is memory and techniques for improving this skill for studying.

51D College Skills for the Learning Challenged Students (0.5) (NDA)

Designed for students who feel the need to improve basic skills, this course provides training in study strategies. Students will learn and practice academic study techniques and identify the skills they need to be successful in college and/or career. The topic of this module is practicing a variety of study techniques.

51F College Skills for the Learning Disabled Student (0.5) (NDA)

Designed for students who feel the need to improve basic skills, this course provides training in study strategies. Students will learn and practice academic study techniques and identify the skills they need to be successful in college and/or career. The topic of this module is Effective Test Taking, improving skills and reducing stress.

91 Reading for College Success (3)

Students review reading skills and strategies necessary for college success across disciplines, including reading for main ideas, determining organizational patterns of details presented, and drawing logical conclusions in paragraphs and short essays. Reading and vocabulary study are drawn from English 101 course content. Students must be at or above the English 101 (College English) level based on one of the following: placement at English 101 or higher following assessment; completion of prerequisite courses for English 101; or concurrent enrollment in English 101.

COURSE DESCRIPTION

92 Reading for College Success (3)

Students improve their abilities to read a variety of texts at different levels of difficulty. They practice identifying topics, main ideas, and supporting details, as well as patterns of organization and transitional devices. They also practice summarizing main points of texts in their own words and build vocabulary skill using a variety of strategies. Open only to students concurrently enrolled in English 20A.

LIBRARY SCIENCE

101 Library Research Methods (1) UC: CSU

This course teaches the student to develop efficient research skills utilizing traditional print and selected electronic library resources. These skills will optimize the student's educational experience and enhance his or her ability to realize independent life-long personal benefits from using the library. Standard research techniques are emphasized, and both general and specialized information sources are examined. Students will gain experience and confidence using the various types of reference works in the library and on the Internet to write a successful research paper including note-taking and outlining skills, and selected documentation style. UC Transfer Credit Limit: A maximum of one course from Library Science 101 or Library Science 103.

102 Internet Research Methods (1) UC: CSU

Successful completion of this course will enable the student to find and assess information found on the Internet. The student will also be able to devise effective search strategies in the pursuit of academic and personal interests utilizing approved principles of access, and standardized evaluation criteria.

103 Information Literacy: Search Strategies, Tools, and Resources (2) UC: CSU

This course combines modern, up-to-date search strategies with the latest research tools to enable the student to access pertinent information and data from both print and electronic research resources. UC Transfer Credit Limit: A maximum of one course from Library Science 101 or Library Science 103.

104 Advanced Internet Research (1) CSU

This course provides extensive coverage of the Internet and the World Wide Web using specialized and meta-searchers to find resources on the web and on the so-called "deep web." The student will learn to monitor the growth and direction of the internet, and learn how the internet affects society's views of privacy, intellectual property rights, social interaction, and communication.

MANAGEMENT

(Also see Business)

1 Principles of Management (3) CSU

This course provides an introduction to the principles of management. A detailed analysis of basic managerial functions including planning, organizing, leading and controlling in a business or administrative environment is made.

2 Organization and Management Theory (3) CSU

This course provides an introduction to the theories of organization and management. Organizational structure, technology and systems; administrative behavior, communications, motivation and leadership, organizational development, change and manpower development are examined.

6 Public Relations (3) CSU

This course covers essentials for organizing and operating a public relations program. Topics include the study of relations with the community, customers, stockholders, news media, and employees. Multicultural relations and public relations writing are also covered.

13 Small Business Entrepreneurship (3) CSU

This course discusses the challenges of entrepreneurship, and provides the tools to enhance success. The course provides a detailed treatment of strategic planning for small businesses, an in-depth coverage of creating and managing the business, new sources of small business funding, effective decision making, and hands-on experience for creating a business.

MARKETING

1 Principles of Selling (3) CSU

This course emphasizes the principles used in persuasive communication. Consumer buying behavior, presentations, and closing sales are covered. The course is designed to help students currently involved in sales, as well as those seeking to improve their communication skills. Sales presentations, video tapes and case studies are used.

11 Fundamentals of Advertising (3) CSU

This course introduces the student to the role of advertising in our economy. It gives a comprehensive overview of the planning and managing of advertising. The course also covers how the major forms of media, such as television, radio, newspapers, magazines, and the internet are integrated into the advertising campaign.