

WEST LOS ANGELES COLLEGE

Kinesiology Major 143 Fall 2013

Instructor: Mr. Marguet Miller

Office: C-1 Building

Phone: 310-287-4453

Office Hours: M-W 9:00 am-10:30 am

E-mail: millerm@wlaac.edu

Class Location: PECN 11

Day/Time: T-TH 1:00 pm- 2:25 pm

Section: 2010

Course Description

College orientation class to help the student athlete set educational and career goals, develop good study skills, learn job hunting skills, and become informed about college resources.

Student Learning Objectives for Kinesiology 143

1. The student will be introduced to the college admission procedures.
2. The student will learn the matriculation process.
3. The student will learn of special programs offered at the college.
4. The student will learn of transfer rules for student athletes to participate at a four-year college or university.
5. The student will demonstrate strategies of study skills.

Attendance

You are required to attend every class session. There are twenty-nine class sessions. You will be required to complete an assignment sheet weekly. My office number is on the syllabus in case you have to miss a class session. I understand that there may be circumstances out of your control but, when you enrolled in this class. You were aware of the times and dates of every class meeting.

Course Evaluation:

Group assignments	280 points
Final Exam	100 points
Mid Term	100 points
Attendance	<u>145 points</u>
Total Points	600 points

Letter Grades:

90 - 100 = A
80 - 89 = B
70 - 79 = C
60 - 69 = D
0 - 59 = F

Dropping the Course

According to college policy, you may be excluded for excessive absences or for not following the standards of student conduct (printed in the Schedule of Classes). If you drop the course, be sure to do so at the Admission's Office. If you drop this course on-line, print and keep your confirmation number.

General Course Outline:

Week 1: COA bylaws and Planning/ Hard work

Week 2: NCAA terms, terms to know and Enthusiasm

Week 3 & 4 Graduation requirements, NCAA transfer rules, Friendship and Cooperation

Week 5: NCAA case studies and Loyalty

Week 6: **Midterm** and Self-Control

Week 7: Case Studies and Alertness

Week 8: Case Studies and Initiative

Week 9: Case Studies and Intentness

Week 10: Case Studies and Condition

Week 11: Case Studies and Skill

Week 12: Case Studies and Team Spirit

Week 13: Case Studies and Confidence

Week 14: Lecture/ Guest speaker

Week 15: Review for Final

Week 16: **Final**

Physical Education Student's FAQ

Q: How am I graded?

A: There are a total of 625 points for this course. There are twenty class sessions. You will receive five points for every class that you attend on time. There are fourteen group assignments that are worth twenty points each. The midterm and the final are worth 100 points.

Q: What is the Assignment Sheet?

A: The assignment sheet is designed for the students to keep track of their weekly assignments and test for all of their classes.

Q: What are the Group Assignments?

A: The group assignments are NCAA case studies designed to evaluate the student's knowledge of NCAA transfer rules.

Q: What about cell phones?

A: Please do not use your cell phones in class. In case of an emergency, please step outside of the weight room to use your cell phone.

General Comments:

All students are asked to respect all others in class (no swearing or cursing). Any student caught plagiarizing or cheating will be given a failing grade and reported to the Dean of Students for further disciplinary action.