West L.A. College
westsidextension

FALL 2017

Turn Over
A New Leaf

westside.wlac.edu
A NEW LEAF,  
A NEW YOU!

Study a new language  
Start a new career  
Learn to swim, kayak, or dance  
Check out Tai Chi  
Become a YouTube or reality star  
Do improv for anxiety  
Create a nonprofit  
Try acupressure massage  
Earn money from home  
Play & win at Blackjack or Craps  
Conquer clutter  
Buy your first home  
Do art for the not-so-artsy  
Fly drones for fun & profit  
Sing that song  
Plan your retirement

Kids Can Do Something New Too!  
Water Fun & Swimming  
Ice Skating & Hockey  
Soccer  
Gymnastics  
Grammar Power  
Test-Taking  
Manga Madness
Henry Ford astutely observed that "Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young." Stay young with us through the excellent programs at Westside Extension. From personal pursuits to vocational and career preparation and enhancement, we offer multiple opportunities for you to explore interests or fine-tune your career skills.

Thanks for choosing West Los Angeles College and Westside Extension.

Regards,

Dr. James Limbaugh
President, West Los Angeles College

Welcome to Westside Extension!

Table of Contents

- Medical Insurance Billing & Coding ............ 2
- Pharmacy Technician Certificate ................ 4
- Careers & Professional Development ............ 6
- Solar Installer, Drones, Notary, Bookkeeping, QuickBooks, Beauty, Makeup Artistry
- Making Money ........................................ 11
- Technology .............................................. 15
- Travel ..................................................... 17
- Languages ................................................. 18
- West Language Academy ............................... 19
- Mediation & Communication ......................... 20
- Personal Money Management ....................... 22
- Happy at Home .......................................... 24
- Arts & Crafts ............................................. 26
- Lifestyle .................................................. 29
- Music & Performance .................................. 31
- Fitness & Recreation ................................... 33
- Dance ....................................................... 36
- Aquatics .................................................. 37
- Online Instruction Center ......................... 39
- College for Kids ....................................... 40
- Parent & Me, Aquatics, Soccer, Gymnastics, Ice Skating & Hockey, Academics & Enrichment

More Than 500 Great Classes Inside!
Medical Insurance Billing & Coding Certificate Program

Healthcare is one of the most job-secure fields of the next few decades and knowledge of billing and coding can open lots of doors. Our certificate program will give you basic foundational knowledge and skills, and an understanding of the jobs available. The program consists of ten required classes, totaling more than 80 hours of class time, plus plenty of at-home practice. Developed by professionals in the field, it can be completed in about six months. Attend a FREE orientation session to learn more about the field and our program, then join our Fall-Winter cohort.

Participation in the Certificate Program is not required. Individual classes may be taken as long as you meet prerequisites. However, only students who successfully complete all required classes can earn our certificate.

Texts and necessary manuals are NOT included in the class fees. Expect to spend $500-$800 for these books which provide up-to-date information and are used throughout the program. Click on Class Supplies on the left sidebar of our website and then on the link to our Medical Insurance Billing & Coding Book List.

Program Features

- Can be completed in about six months.
- Offered twice a year—Spring/Summer and Fall/Winter.
- Classes held Saturdays, so you can work while training.
- Program costs approximately $1,250, plus books and parking fees—a great value compared to other programs!
- Pay as you go—one class at a time or in bundles to take advantage of series discounts.

How to Get Started

ATTEND OUR FREE MEDICAL INSURANCE BILLING & CODING ORIENTATION

Learn about the profession of medical insurance billing and coding, and about the Westside Extension certificate program. Topics include: types of jobs, pay, certification, costs, books, and program structure. All potential participants in our program are strongly urged to attend. You may register for classes immediately following this orientation. Register in advance for this FREE orientation.

1 Saturday 10 am-Noon FREE
ClassID #38413 September 23

10 REQUIRED COURSES FOR THE PROGRAM CERTIFICATE

2 COHORTS PER YEAR: SPRING–SUMMER AND FALL–WINTER

The first 5 courses are offered this Fall.

1. Health Insurance & Managed Care, Part 1
2. Body Systems & Terminology for Billers & Coders
3. ICD Coding
4. CPT (HCPCS) Coding
5. Claims Processing

The last 5 courses will be offered in Winter 2018 (Jan thru March).

6. Computer Billing, Part 1
7. Computer Billing, Part 2
8. Health Insurance & Managed Care, Part 2
9. Advanced Coding
10. Hospital Billing

The Final Exam/Learning Assessment will take place in March 2018.

View the full description of any class by clicking the blue class title on our website.

Register online 24/7 for all Extension classes at http://westside.wlac.edu.
1. **Health Insurance & Managed Care, Part 1**
Covers the basics of qualifying for the major public and private payers such as Blue Cross and Blue Shield, Medicare, Medicaid, and Tricare. Also learn about HMOs and PPOs.

- **1 Saturday** 9 am-4 pm $99
- **Course #38414** October 7

2. **Body Systems & Terminology for Coders & Billers**
Designed specifically for coders and billers, this course teaches you to decipher terminology, anatomy and physiology by studying body systems, since that's how coders code and billers bill. A strong foundation for any healthcare career.

- **2 Saturdays** 9 am-4 pm $199
- **ClassID #38415** October 21 & 28

3. **ICD-10 Coding**
Learn about diagnosis coding related to reimbursement. Understand the principles used to transform verbal diagnoses and surgical procedures into numerical codes; learn about the use and format of the ICD manual. **Prerequisite: Body Systems & Terminology.**

- **1 Saturday** 9 am-4 pm $99
- **ClassID #38416** November 11

4. **CPT (HCPCS) Coding**
Get an introduction to CPT (procedural) descriptive terms and identifying codes currently being used in the field of medicine. You’ll get instruction in the use and format of the CPT manual. **Prerequisite: Body Systems & Terminology.**

- **1 Saturday** 9 am-4 pm $99
- **ClassID #38417** December 2

5. **Claims Processing**
Learn medical billing techniques and how to follow up and collect on billed claims. You will also learn how to complete medical and itemized statements. Various types of insurance plans and insurance cards will also be reviewed. **Prerequisites: Body Systems & Terminology, ICD, CPT.**

- **1 Saturday** 9 am-4 pm $99
- **ClassID #38418** December 16

---

**Our Instructors & Advisors**

Penny Williams, MBA & Certified Professional Coder
Meredith Flynn, MPH, former Director of Contracting for the UCLA Health System
Tonda Terrell, CPPM, Physician Practice Manager
Carol Buitrago, President of Buitrago Healthcare Consulting
Xochitl Perez, MBA, Compliance Analyst at Inland Empire Health Plan
Daphne Benson Gowans, MPH, Senior Contract Manager, Kaiser Permanente

---

Call (310) 287-4475 to enroll with MasterCard, Visa or Discover.
Pharmacy Technician Certificate Program

Pharmacy Technicians primarily assist the pharmacist, help prepare and distribute medications, review prescriptions for completeness and authenticity, assist in payment and billing, control inventory and place orders. The work is very rewarding, including financially. Full-time Pharmacy Techs earn between $31,000 and $46,000 per year (part-time positions also exist) and often receive benefits. Pharmacy Techs working in a clinical environment like a hospital typically earn 30-40% more per hour, up to $79,000 per year. Pharmacy Technician is among the fastest growing occupations in California, predicted to grow by 25-35% through 2018. The Westside Extension Pharmacy Technician Program can prepare you for a career in this high-demand field in 9 months!

The Westside Extension Pharmacy Technician Certificate Program totals over 460 hours of instruction, including valuable clinical training and an externship in which you will receive on-the-job training at a community pharmacy training site. Our comprehensive, certificate program is broken down into 6 class modules, and you can begin your training with 4 of the modules. With this format, you can get started on your new career as a Pharmacy Technician almost any month of the year!

Our program curriculum meets the requirements of the Association of Health-System Pharmacists (ASHP). Attend one of our free orientations to learn more about becoming a pharmacy technician, jobs in the industry, our certificate program modules and meet our instructors and tour our facilities. Get started on your new career today!

**Pharmacy Technician Certificate Program Features**

- 6 required modules (classes).
- Over 460 hours of instruction.
- Start the program at the beginning of any of module except Hospital Pharmacy Services or Externship.
- Can be completed in about 9 months.
- **Convenient Times** – classes meet 3 days a week, on Tuesday nights, Thursday nights and Saturdays.
- Finish with your Externship module at a community pharmacy training site.
- Our clinical training gives you greater opportunities to earn money and to advance in your career.
- Quality, experienced instructors who know the profession.
- **AFFORDABLE!** Program cost is $3,300 plus books, materials and other required fees. Or pay in three installments, totaling $3,550, plus books, materials and other required fees.
- Compare our program to less comprehensive programs that cost thousands and thousands more (some are six times our price)!
- ETPL & I-TRAIN-approved free training for WIOA eligible WorkSource Center participants.
- Attend a FREE Orientation on Wed., Sept. 20, at 7 pm in MSA 111. (register for ClassID #38130).

**Our Instructors**

**Verej Isanians**, Doctor of Science in Pharmacy from YHMI in Armenia, and Master of Public Administration from PCU San Diego. He is a Certified Pharmacy Technician and has been teaching Pharmacy Technician classes since 2006.

**Christine Tannious**, Master of Science in Health Administration from USC, and Alcohol and Drug Abuse certificate. She is a Registered Pharmacy Technician and has been teaching Pharmacy Technician classes at West since 2007.

Register online 24/7 for all Extension classes at http://westside.wlac.edu.
Call (310) 287-4475 to enroll with MasterCard, Visa or Discover.

6 Required Modules for the Certificate Program

A) Pharmacy Calculations (Oct. 3)  
B) Retail Pharmacy Operations (Nov. 2)  
C) Pharmacology (Jan. 2, 2018)  
D) Hospital Pharmacy Services (Feb. 3)  
E) Sterile and Non Sterile Products & Compounding (Aug. 15)  
F) Community Pharmacy Externship (TBA, approx. Feb 20-May 29)

Classes held Tuesdays & Thursdays (6:45 – 10 pm) & Saturdays (9 am – 5 pm)

View the schedule and class descriptions by clicking the blue “Pharmacy Tech Certificate” title on our website.

Attend a FREE Live Orientation on Wed., Sept. 20, at 7 pm in MSA 111.

Register online in advance in ClassID #38130.

NOTE: To participate in the clinical experiences, you must be a high school grad and at least 18 years old. You will also need to get a clear criminal background check and a clear drug screen (this and other lab materials will cost about $200).

How to Get Started and Enroll

Modules Begin Aug. 15, Oct. 3 and Nov. 2

Start your Pharmacy Technician training at Westside Extension on any of these dates

1) Visit us at http://bit.ly/Pharmacy_Technician_Training.LA and see more detailed information about the program, modules and schedule. Complete our online Pharmacy Tech questionnaire and get instant access to a free online orientation.

2) Attend a FREE live orientation on Wed., Sept. 20, at 7 pm in MSA 111, where you’ll meet the instructors and tour our Pharmacy Tech lab. Get answers to all your questions about the profession, jobs in the industry, career paths, our program modules, schedules, payment plans and how to enroll. Register in advance for this free orientation (ClassID #38130).

3) Choose when you want to start. The 5 classroom modules will be offered twice a year (repeating every 6 months). After you finish your 5 modules, you’ll perform your Externship (module F).

4) Save $250 by registering and paying all at once for all 6 modules of our Pharmacy Technician Program for $3,300. To start Aug. 15, enroll in ClassID #37852; to start Oct. 3, enroll in ClassID #38125; to start Nov. 2, enroll in ClassID #38131.

5) To pay in three installments, register for Part 1 for $1,450. To start Aug. 15, enroll in ClassID #37853; to start Oct. 3, enroll in ClassID #38126; to start Nov. 2, enroll in ClassID #38132. Part 2 will cost $1,450 and be due before that next set of modules begins. The final installment of $650 will be due before you start your externship.

Compare our Pharm Tech program to private schools’

Westside Extension  
9 months long  
Over 460 hours of intensive, hands-on experience in both retail and hospital settings.  
Price: $3,300

Private Schools  
8-9 Months Long  
About 470 hours, but how much hands-on? What about clinical training? It’s all a mystery!  
Price: $17,000 to $19,565!!!

Choose West L.A.!
Back By Popular Demand!

**BE A SOLAR INSTALLER IN LESS THAN A MONTH!**

Solar-energy jobs are growing 12 times faster than the U.S. economy. Solar employment increased by over 51,000 workers in 2016, a 25% increase over 2015. The solar industry now employs more people than coal, oil, and gas combined. This rapid expansion and adoption of solar panel installations in homes, commercial buildings, golf carts, swimming pools, water fountains, attic fans, and more will result in excellent job opportunities for qualified individuals. Our crash course in solar design and installation, followed by free hands-on practice doing live installations, can help make one of those qualified individuals. Completion certificate given last day of class. $40 material fee, due at time of registration.

Quayum Abdul is a solar photovoltaic inspector and consultant who presents at conferences and writes articles for industry journals. He is on a mission to help fill the huge need for solar employees.

4 Tue & 4 Thu 6:30-9:30 pm $199
ClassID #38143 October 3-26

“Great for engineers and engineering students, homeowners, contractors, infotech personnel (think smaller and remote-operated systems), and those who want to install, maintain, inspect, or design solar installations.”

**FLYING DRONES FOR FUN & PROFIT!**

Your new career is here! With the number of Drone jobs forecast to double by 2022, drone piloting is set to become an in-demand and well-paying job. Emerging as a key growth industry, UAS (Unmanned Aerial Systems) are expected to become part of everyday life—with possible jobs in film-making, photography, real estate, public safety, and more. This intensive 3-day course includes both classroom and hands-on learning. You’ll learn what you need to know to fly and be a safe pilot, and how to get your commercial license in the real world to become a profitable pilot! *Class fee includes all materials and a drone that’s yours to keep!*

Our UAS flight training is conducted by the Tesla Foundation Group, a not-for-profit science and technology think tank specializing in “all things autonomous.” They believe autonomous innovation and invention should benefit all humankind and environments, and are committed to helping people take advantage of new job opportunities in the field of aerial robotics, and provide training at high schools, colleges, and universities nationwide.

1 Fri, 1 Sat, & 1 Sun 8 am-5:30 pm $999*
ClassID #38175 Sept. 22, 23 & 24
ClassID #38176 Oct. 20, 21 & 22
ClassID #38177 Nov. 17, 18 & 19

**NEED HELP FINDING WESTSIDE EXTENSION?**

Our office is in Parking Lot 5.

Refer to the Map & Directions on page 46.
**BECOME A NOTARY PUBLIC WITH STATE NOTARY PUBLIC EXAM**

Government institutions, banks, real estate and mortgage companies, plus many other businesses are seeking notaries. All prospective notaries must complete a course approved by the California Secretary of State. Our approved course will give you the most updated notary information and the knowledge you need to perform the duties correctly and to pass the state exam, which you can take immediately following the course. Becoming a notary & notary loan signing agent can be a great way to earn extra money, start your own business, or enhance your current career. $30 material fee for valuable 70-page manual, notary public handbook, certificate of completion, and sample forms notaries use every day. Before signing up for this class, check to see that you meet eligibility requirements for becoming a notary; see www.sos.ca.gov/business/notary and click “qualifications.” Note: Due to strict State regulations, no one is admitted after class begins. Check-in begins at 7:30; class must begin promptly at 8:00. So have your current, official photo ID ready.

<table>
<thead>
<tr>
<th>ClassID #</th>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>38144</td>
<td>1 October</td>
<td>7:30 am (check-in)</td>
<td>$75</td>
</tr>
<tr>
<td></td>
<td></td>
<td>8 am-3:30 pm (seminar time)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>4-5:45 pm (optional state exam)</td>
<td>$40</td>
</tr>
</tbody>
</table>

Students wishing to take the state Notary Public Exam immediately following the class may register for it from 3:30-4pm.

**NOTARY LOAN SIGNING SEMINAR**

A Notary Signing Agent is a notary public who has specialized expertise in the handling of mortgage loan documents. With the housing market on the rebound, this will be an in-demand service for notary publics! Currently, Notary Signing Agents can make anywhere from $80-$150 per loan package. In this six-hour seminar, explore the types of real estate sales and loans currently on the market, and receive hands-on instruction in the main documents a Notary Signing Agent will notarize. You’ll assemble a practice loan package and examine the ethical and administrative role of the notary and the notary’s sense of duty associated with being a Notary Signing Agent. Finally, learn about marketing and customer service, with practical information on how to start your new business—complete with a list of potential sources! $30 material fee. Prerequisite: current notary public commission or successful completion of six hours of notary education.

<table>
<thead>
<tr>
<th>ClassID #</th>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>38145</td>
<td>28 October</td>
<td>9:30 am-3:30 pm</td>
<td>$55</td>
</tr>
</tbody>
</table>

**Are You Into Funny Business?**

Join our Stand-Up Comedy Class

See page 32
BOOKKEEPING — EARN DEGREE MONEY WITHOUT A DEGREE!

Our bookkeeping classes combine lecture and hands-on exercises. The same mock company data and information will be used throughout the General Ledger, Income Statement and Balance Sheet classes, so we encourage you to take all three classes for deeper understanding. Bring a pencil, eraser, highlighter and calculator and be sure to be on time to these jam-packed workshops. Become a Bookkeeping Superstar!

GENERAL LEDGER POSTING
Vital to good business! Learn the fundamentals of recording accounting information using a virtual company. You will learn to prepare journal entries and maintain a chart of accounts. These journal entries and charts of accounts will be used later in the Income Statement and Balance Sheet Preparation courses.

Jennifer McIntosh (see bio next page)
1 Tuesday 7-10 pm $49
ClassID #38406 September 19

INCOME STATEMENT PREPARATION
Compare a business income statement to its own historical results, as well as to industry standards. Find out how horizontal and vertical analysis determines profitability. Exercises will use the journal entries and chart of accounts created in the General Ledger Posting course, but if you are just joining us, we will supply them.

Jennifer McIntosh
1 Thursday 7-10 pm $49
ClassID #38407 September 21

BALANCE SHEET PREPARATION
Business owners and managers, investors, and bankers use the balance sheet to determine the make-up of assets, liabilities and equity. Find out how balance sheet ratios are used in business decision-making. Calculate working capital, inventory turnover, days in accounts receivable and debt-to-equity ratios in this hands-on class. The virtual company journal entries and charts of accounts from the General Ledger Posting and Income Statement Preparation courses will be used in this class, but if you are just joining us, we will supply them.

Jennifer McIntosh
1 Tuesday 7-10 pm $49
ClassID #38408 September 26

PAYROLL TAXES
For business owners and those who do payroll. Avoid missing due dates, invalid forms and tax return inaccuracy. Learn the basics of California payroll reporting: forms, employer obligations, reporting, and payment requirements. Also find out about independent contractor reporting requirements, e-filing, alternative filing, payment requirements and options—including federal Forms 940, 941, 1099, W-2, W-4, and W-9.

Gregory Martin has over 20 years of accounting experience and serves as an Instructor Cadre for the IRS. He also has his own tax/accounting practice in Los Angeles.
1 Tue & 1 Thu 7-10 pm $75
ClassID #38409 October 3 & 5

Get your Money’s Worth!
Be considerate of your fellow students. Allow ample time to park and locate your classroom.
Jennifer McIntosh, MBA with a B.S. in accounting, has worked for Fortune 500 companies, private industry, the government, and non-profits. She is currently an Adjunct Assistant Professor in the Business department at West L.A. College while continuing to do accounting for private clients. Jen is certified by Intuit in QuickBooks™, QuickBooks™ Online, Enterprise and Point of Sale.

**BEGINNING QuickBooks™**

Designed to improve productivity for small business owners, QuickBooks™ software helps manage accounting and financial tasks easily. In this lecture plus hands-on computer class, Jennifer will show you how to easily navigate through the basic functions of QuickBooks™ 2015. You’ll add, edit and delete customers, vendors, employees, accounts, and items. Also learn how to issue invoices, prepare cash receipts and purchase orders, and write checks. **Prerequisite: keyboarding, mousing and function key skills.**

2 Tuesdays 7-10 pm  $99
ClassID #38410 October 10 & 17

**INTERMEDIATE QuickBooks™**

For students who have taken our Beginning Quickbooks™ class or already know how to navigate QB 2015, write checks, and add, edit and delete customers, vendors, employees, accounts, and items. Learn how to prepare estimates, use credit cards for purchases, reconcile credit card accounts, set up bank accounts, use classes, enter general ledger transactions and apply credits to invoices. **Prerequisite: mastery of skills taught in Beginning Quickbooks™ (see description).**

2 Tuesdays 7-10 pm  $99
ClassID #38411 Oct. 24 & Nov. 7 (no mtg Oct. 31)

**INTERMEDIATE QuickBooks™ REPORTS & BANK RECONCILIATIONS**

Learn how to generate reports in Quickbooks™ 2015 and reconcile your accounts with bank statements. Find out how to customize forms, export data to Excel and prepare reports for presentations. **Prerequisite: mastery of skills taught in Beginning and Intermediate Quickbooks™ classes (see descriptions).**

1 Tuesday 7-10 pm  $49
ClassID #38412 November 28

**Do you have any brilliant ideas for a new class?**

We’re always looking for teachers who have developed classes in
DIY Home Repair
Home Decorating
Tahitian Cardio
Pet Massage
Couponing
and more!

Go to our website at westside.wlac.edu
(and click on Teach for Us)

Call (310) 287-4475 to enroll with MasterCard, Visa or Discover.
Basic Beauty Makeup Artistry Certificate Program

If you love makeup or are a cosmetologist looking to offer more to your customers, this hands-on class is for you! Get to know the terminology, tools, and techniques of the makeup business. Topics include color matching, proper tools to achieve the correct looks for different occasions, the most economical way to build a kit, and professional etiquette. Also find out what makeup artists can and can’t do, and get the inside scoop on how the industry works, how to enter the field, and how to handle customers (even brides!). Those who complete the final look will earn a certificate and know all you need to about this exciting and fun career! *Note: this class does not teach special effects or monster makeup.* $40 material fee for makeup used during class. See website for a list of a few additional supplies.

Instructor Jennessy Tyler has been a professional makeup artist since 1998 and teaching since 2005. She has done makeup for music videos, fashion shows, and photo shoots as well as worked for companies like M.A.C., Tom Ford, YSL, Dior, and Chanel.

**LAYING THE FOUNDATION**
Literally laying the foundation for your artistry involves skin care and prep. Also learn to identify undertones in both people and makeup in order to get that perfect match. Jennessy will also cover use of corrective concealer, application and blending for the look you need—as well as discuss some skin conditions to be aware of.

**GET CHEEKY**
Discover how to reshape features by highlighting and contouring, for correction or enhancement. Also discuss blush color choices, placement, styles, mood and occasion.

**THE EYES HAVE IT**
Just two eye makeup techniques will enable you to create almost any look you see in magazines. Also learn tight-line, winged, and fashion placement of liner. Find out how to enhance different eye shapes, along with creating a neutral eye and the perfect brow.

**SMOKIN’ EYES**
Continue to learn different smokey looks used for music videos, prom, or a just night out on the town. Also find out how to apply both strip and individual false lashes for a dramatic flair.

**SHOW IT OFF**
Show off all you’ve learned by completing a basic beauty look in record time, followed by instructor critique, questions and answers.

Register online 24/7 for all Extension classes at http://westside.wlac.edu.
**Hair Braiding**

Save money and get it done at your convenience. For less than the cost of one braiding session, you can learn to do it yourself again and again. You can also MAKE money, since no license is required and salons like to offer this service. Plus it's fun and creative. This hands-on class will teach basic braids like the cornrow and fishtail, using the full-size mannequin head in your kit. It'll also cover weaving in extensions, the different kinds of hair you can use, and their advantages and limitations. Barbara taught a similar workshop at the Professional Beauty Association’s International Salon and Spa Expo in January, for a fee of $275 per student!

**Barbara Spicer has owned and managed her own salon since 1997. She is a licensed cosmetology instructor.**

- **5 Mondays** 7-9 pm $99*  
  ClassID #38270  Sept. 18 thru Oct. 16
- $100 material fee, payable with registration, for complete hair braiding kit.
- Register at least 5 days before class starts if you want your kit the first night of class.

**In partnership with ed2go, we’re pleased to offer self-paced, online test prep for the automotive industry.**

Automotive Service Excellence (ASE)
Tech Test Preparation
- Automotive Series
- Automotive – Bilingual (English/Spanish)
- Medium/Heavy Duty Truck Electronic
- Diesel Truck Series

**ONLINE**  $25.95 each class

For more information and to register, visit our Online Instruction Center at [www.ed2go.com/westside](http://www.ed2go.com/westside).

---

**Test-Taking Secrets For Jobs & School Ages 12 thru Adult**

Those who test well excel! Discover NEW ways to excel on ALL tests by focusing on key underlying principles that always apply. Whether taking an employment, entrance, or promotional exam; a professional exam like the bar or CPA exam—or even academic exams like the LSAT, MCAT, or APs—you can learn to prevent test anxiety, increase focus and concentration, and reason your way to the right answer. Additionally, you’ll find out about the three biggest mistakes test-takers make, and how to correct them. So join us before you take another test! Also great for SATs, exit exams, APs, and other school tests—so age 12 and up welcome. *Class fee includes comprehensive 92-page workbook that you’ll refer to again and again.

**After dismal high school grades, Curtis Adney, J.D., M.S., graduated at the top of his college class with a 4.0 GPA—then went to law school to obtain his juris doctorate.**

- **1 Saturday** 9 am-Noon $79*  
  ClassID #38205  September 23

---

**Don’t take another test without taking this class!**

---

Call (310) 287-4475 to enroll with MasterCard, Visa or Discover.
WHAT WERE YOU BORN TO DO?

You were born to make a unique contribution to humanity. Progressing toward your purpose brings joy and abundance. Straying from it causes stress and emptiness. To accomplish your mission, one of the 33 Natural Talents® is wired into your DNA. It’s so subtle, you rarely notice it—yet so powerful, it’s the source of your highest potential. Elvis, Oprah, and Einstein were all just “doin’ what comes naturally.” Expressing your Natural Talent is the key to success AND fulfillment. You will leave class knowing your Natural Talent, steps for getting started, and some new career ideas. *Class fee includes comprehensive 150-page workbook.

Curtis Adney, J.D., M.S., serendipitously discovered his Natural Talent® after three unsatisfying careers, and has since helped thousands of others discover theirs in career success seminars conducted throughout the Western U.S.

Great for community and faith-based organizations, nonprofits, health care professionals, educators, and artists.

WRITE A $1,000-$10,000 GRANT IN ONE DAY

Write a grant this afternoon, right after class! In just a few hours, you can complete an application for a mini-grant ($1,000 to $10,000) to meet immediate needs. It’s so easy, you can apply for multiple grants to total the desired amount. Wiley will give you links to appropriate available opportunities along with sample grant proposals, and tell you how to make your application a winner. $15 material fee for grant-writing guidebook and CD containing relevant databases, resources, and links.

Wiley J. Brown taught grant writing at Antioch University and his company, Brown & Associates, provides grant-writing training for LAUSD.

CREATE A SUCCESSFUL NONPROFIT / COMMUNITY SERVICE ORGANIZATION

Fill a void in your community—or in society as a whole—by forming and managing a nonprofit or community service organization. Get a roadmap for turning your ideas into viable, valuable programs. You’ll learn to define who your organization will help and craft an appropriate mission statement. You’ll also find out how to incorporate your organization, select a board of directors, and write the bylaws. Gerald will also go over the nuts and bolts of developing a budget, creating a marketing plan, obtaining tax-exempt status and fundraising options. $20 material fee, due at registration, for Gerald’s valuable Organizational Strategy Workbook.

Gerald Anderson, MBA, was a Senior Business Consultant and Project Manager for the nation’s largest small-business consulting firm for nine years. He says the principles for starting and successfully running a nonprofit or CSO are the same as for any small business, and his multi-functional expertise includes securing tax-exemption under section 501(c)(3) of the Internal Revenue Code.

I attended to support a friend. I’ve been participating in grant writing for over 30 years and thought I’d be bored. But I wasn’t, not for one minute. Wiley’s very knowledgeable and a skillful instructor who got everyone engaged. One of the best classes I’ve ever taken.

- Pat Harmon
CROWDFUNDING: HOW TO GET FINANCIAL SUPPORT FOR YOUR PROJECT OR VENTURE

Raise funds quickly for your project or venture by finding and tapping individuals who believe in you and your project. This step-by-step class will teach you how to run a crowdfunding campaign to help fund your project or venture. You will learn how to research the viability of your endeavor, attributes of three major crowdfunding platforms and characteristics of successful crowdfunding campaigns. You will get tips on how to develop a campaign including how to craft a compelling message, select incentives, build a budget and develop a strong marketing plan. Suitable for individuals with little or no crowdfunding experience. $25 material fee, due at registration, for an extensive class packet that will guide you through the steps to launch your crowdfunding campaign!

Caron Ory helps entrepreneurs understand the funding options available for their new ventures. She has invested in a wide variety of funding campaigns across multiple platforms. Her extensive experience evaluating campaigns' fundability led her to create a number of tools to guide the development of successful campaigns.

1 Saturday 9 am-1 pm $99 ClassID #38173  October 7

HOW TO BECOME A YOUTUBE OR REALITY STAR

So you want to be a star? Most of today’s reality TV or YouTube stars had no training or talent before they became household names. What did they have? Focus and desire! From being discovered to building and maintaining an audience, Marissa will teach you the essential steps needed on your path to stardom. You’ll learn how to become “Insta-Famous” and most importantly how to monetize yourself as a brand. She’ll also expand beyond fame and into legitimate businesses and careers that will keep the money coming in long after the cameras disappear. Make it happen instead of waiting for fate!

Marissa Nance has spent 25 years in the branded entertainment and reality content industry. She is an expert at developing, negotiating, and executing entertainment-based media strategies across any medium. Marissa has worked on some of the most iconic reality television shows ever created and her clients have crossed all major categories including Auto, QSR, Tech, Entertainment and Beauty. She has partnered with a variety of media giants including Google/YouTube, Disney, NBCUniversal/Comcast, Univision, Viacom, Fox and Time Warner.

Tuesday-Thursday 7-9 pm $59 ClassID #38170  October 17 thru 19

START A HOMEMADE FOOD BUSINESS

You can sell up to $50,000 per year of food made in your home kitchen, thanks to California’s Homemade Food Act (AB1616). Approved products include breads, jams, cookies, roasted nuts, and many other foods not requiring refrigeration. Get detailed information for starting and operating a “Cottage Food” business. Learn how to conduct a product assessment, develop recipes, calculate ingredient and packaging costs, and appropriately price and label your items. If you have a passion for artisan foods and an entrepreneurial mindset, don’t miss this class. $30 material fee, due at registration, for an extensive class packet with all the forms and documents you’ll need to start your new business.

Caron Ory is the founder of Sapere Natural Foods and creator of Eco-BeeCo™, a natural alternative to sugar. She created Eco-BeeCo in her home kitchen, for her father who was diagnosed with diabetes, and grew it into national distribution. She is a much-consulted expert in the Cottage Food Movement.

1 Saturday ClassID #38179 9 am-4 pm September 23 $99
**MAKE MONEY AS A SECRET SHOPPER**

Get goods and services for free, plus get paid! All businesses—from restaurants and hotels to golf courses and grocery stores—need to know whether their products and services meet standards. They hire ordinary people to shop and evaluate. Learn how mystery shopping works, what reporting forms are used, do’s and don’ts of the job, and how to get into the “shopper’s network” and avoid scams. You will be provided with resources and contacts for hundreds of legitimate mystery shopping companies. $20 material fee payable with registration for Elaine’s “read today, start today” book containing step-by-step guidelines, sample forms, insider secrets, and resources (you will receive in class).

Elaine Moran is a teacher and consultant and author of “How to Become a Mystery Shopper, Your Complete Guide to Secret Shopping.”

1 Saturday 2-4:30 pm  $49
ClassID #38142  October 7

**PROPERTY MANAGEMENT 101**

Do you have what it takes to manage rental property? If you’re looking to purchase an income property, or you’ve become the owner of real estate, learn about the most important aspect of rental housing management: keeping the unit occupied with paying tenants who don’t destroy it! Learn to prepare a property for rent, set rents and security deposits, and show your rental unit to prospective tenants. Discover techniques for good tenant selection, meeting minimum habitability standards required for a property, proper insurance, dealing with tenants who overstay (and don’t pay), and more. Please note: This class does not cover management of commercial properties. $15 material fee payable in class. This class held off-campus in Mar Vista; directions provided upon registration.

Angela Young is a real estate professional actively working as a Realtor and property manager. Currently she manages single family homes and multifamily properties throughout Los Angeles County.

2 Saturdays 10 am-3 pm  $129
ClassID #38421  October 21 & 28
Internet Marketing Series

Highly recommended for nonprofit organizations, small business owners, job changers, those re-entering the workforce, and anyone who wants to upgrade their resume!

Technology has changed the way we get jobs and do business, so knowing how to use social media is imperative. Our Internet Marketing Series will show you how to use the internet to promote yourself to an employer, or your business to the world. Learn to engage your audience and sell products and/or services through social media tools like Facebook, Twitter, and Blogs.

SOCIAL NETWORKING: AN INTRODUCTION TO FACEBOOK, TWITTER AND BEYOND

The way people use the internet has been impacted by Facebook, Twitter, LinkedIn and blogs. Learn to leverage social networking for your business and/or to stay in touch with family and friends in a busy world. Find out how these exciting tools differ and how each can be used to best advantage—as well as how to set up accounts and find friends, family members, and groups to establish connections with the largest/most popular services. $30 material fee for valuable workbook and CD with additional learning materials.

1 Monday 6:30-9:30 pm $49
ClassID #38149 October 2

FACEBOOK AND SOCIAL MEDIA MARKETING

Get leads, find prospective clients, and pull people in the door using proven social media marketing methods and tools. Discover how to create a Facebook page for your business with content that attracts followers, and connect your website to it. Also find out how businesses are using coupons, promotions, offers, and “check-ins” to attract and build a fan base. Finally, get valuable information on marketing with sites like Twitter, Instagram, LinkedIn and Pinterest. $30 material fee for comprehensive workbook and CD with complete instructions on creating a Facebook page, advertising on Facebook, and marketing on other social media sites.

1 Monday 6:30-9:30 pm $49
ClassID #38150 October 9

SECRETS OF INTERNET MARKETING

Explore Google AdWords and search engine optimization (SEO) to drive traffic to your site. Discover how a landing page can be used for promotions and offers, as well as what makes a successful email newsletter and how you can build one for pennies. Finally, find out how to use feedback sites and FREE local listings that can help you generate more business. $30 materials fee for valuable workbook and CD with additional learning materials.

1 Monday 6:30-9:30 pm $49
ClassID #38151 October 9

BLOGGING FOR FUN AND PROFIT: YOUR BEST BET

If you can write an email, you can write a blog! Learn what a blog is, where blogs are found, how to pick a blog topic that makes money, and over a dozen ways to get content. Find out why a blog is your best website for today’s internet, and get valuable tips and techniques for promoting your blog via social media sites to increase your blog traffic. $30 materials fee for valuable workbook and CD with additional take-home learning materials.

1 Monday 6:30-9:30 pm $49
ClassID #38153 October 23

Instructor Bob Cohen serves on the board of directors of an internet service company and has over 25 years of experience making technology easier for businesses and individuals to understand and use.

Call (310) 287-4475 to enroll with MasterCard, Visa or Discover.
INTRODUCTION TO WINDOWS 10
Become a Windows 10 master!
Microsoft’s latest operating system debuted last year to near universal praise, meshing the familiar dependability of Windows 7 with the forward-looking touchscreen vision of Windows 8. In this hands-on and demonstration class, you’ll learn about Windows 10’s features, benefits, and security. Roberto will introduce you to Cortana, the voice-activated virtual assistant. Go in depth with the new Edge browser, equipped with many useful functions, like the webnote feature that allows you to write on webpages. Find out how to personalize Windows 10, change settings, download apps from the Windows Store, work with virtual desktops, and much more. Please bring a laptop or tablet with Windows 10 installed on it with you to class. Materials ($10) must be purchased at CruzServicesInc.com before day of class.

Roberto Cruz is a computer consultant and technician. He also teaches computer classes at Harbor College.

1 Saturday 9 am-3 pm $75
ClassID #38390 September 16

WORD 2013 FOR WINDOWS
Microsoft Word is the most popular word processing program. This beginning-level hands-on class will teach you how to create, modify and produce documents, from a simple letter to more complex ones, using MS Word 2013. You’ll leave this class with a basic understanding of the tools of word processing that you can continue to build upon. Class fee includes packet of exercises. Bring a flash drive to save your work. Prerequisite: a basic understanding of Windows.

Ashanti Lyles

2 Wednesdays 7-10 pm $99
ClassID #38387 October 4 & 11

EXCEL 2013 FOR WINDOWS
Excel 2013, the most popular spreadsheet program, has powerful features that allow you to analyze and manipulate financial and mathematical data. It’s great for budgets, simple bookkeeping, an easy database, or making charts and graphs. In this hands-on beginning class, you’ll learn the basic concept of how a spreadsheet works, how to enter data, common editing and formatting steps, and a variety of simple yet powerful functions. Class fee includes packet of exercises for at-home practice. Bring a flash drive to save your work. Prerequisite: a basic understanding of personal computers & Windows.

Ashanti Lyles came to West Los Angeles College in September 2007 as a senior secretary in the Office of Academic Affairs, where she is now lead staff support. She is currently pursuing an MBA but discovered a love of teaching when she was given the opportunity to teach a computer applications credit course here at West.

2 Wednesdays 7-10 pm $99
ClassID #38388 October 18 & 25

INTERMEDIATE EXCEL 2013
This hands-on intermediate class picks up where our basic Excel 2013 for Windows class left off. Topics include calculations, built-in functions, sorting data, creating templates, renaming and moving worksheets, inserting and deleting cells, rows and columns, and adding graphs and charts. Class fee includes packet of exercises for at-home practice. Bring a flash drive to save work. Note, this is not a beginning Excel class. You must understand basic Excel functions like editing, formatting, printing, and saving.

Ashanti Lyles

2 Wednesdays 7-9:30 pm $75
ClassID #38389 November 1 & 8

Register online 24/7 for all Extension classes at http://westside.wlac.edu.
HOW TO SELL ON eBay & OTHER E-COMMERCE WEBSITES

eBay has transformed the way people buy and sell goods. Millions of products are sold daily, from new cars to old junk that you may not want but others covet. Now, with other e-commerce sites like Etsy, Amazon and Craigslist, there’s no limit to where and how you can sell. Discover how to sell any item, such as jewelry, clothing, books, tickets—you name it, people will buy it! Learn winning strategies for posting and marketing your item, collecting payment, shipping and maximizing profit. Join in and discover how profitable and fun e-commerce can be!

Prerequisite: you must be PC and Internet savvy, and have an email address. Bring your eBay passwords and a check and credit card to set up your eBay income accounts. Purchase materials ($20) before the day of class; details at CruzServicesInc.com.

Roberto Cruz
2 Saturdays 1:30-4:30 pm $75
ClassID #38392 October 7 & 14

HOW TO LIVE, WORK OR RETIRE ABROAD—AFFORDABLY

Enjoy a higher standard of living, in an exotic locale! Explore living, working and retirement options around the world. Bob will share his library of resources, along with personal stories he’s collected from expats of all ages and backgrounds. Find out how to stretch a fixed retirement income, or how to find work overseas that pays your room and board. Get tips on evaluating your finances and figuring out how far your dollar will go—plus information about housing, transportation, discount programs, healthcare, job opportunities, climate, and culture. Discover the top ten places Americans can live better than they can here. This workshop makes it easy to determine whether the expat life is right for you, and shows you how to do it. $10 materials fee for valuable workbook with additional learning materials.

Adult ed instructor and avid internet researcher Bob Cohen noticed many Americans living abroad—some permanently. His extensive research, along with trips to Asia and Latin America, led him to create this informative and entertaining workshop.

1 Saturday 1-4 pm $29
ClassID #38160 October 14

WEST LOS ANGELES COLLEGE

FALL 2017
CREDIT CLASS INSTRUCTION
Begins Aug 28

To see the current schedule of WLAC Credit Classes go to www.WLAC.edu (and click on Class Schedules)

Or visit the Admission Office in Student Services Building, 220

Call (310) 287-4475 to enroll with MasterCard, Visa or Discover.
PRACTICAL SPANISH
Converse in Spanish at work, home, or while on vacation by learning basics for almost any situation. Vocabulary, verbs and useful practical phrases are covered. No previous knowledge of Spanish is required. Register early, as these popular classes fill up every semester. ¡Bienvenidos!

- **5 Saturdays** 9 am-Noon $99
  - 5 Saturdays 9 am-Noon $99
  - 5 Tuesdays 7-10 pm $99
- **ClassID #38133** Sept. 16 thru Oct. 14
- **ClassID #38134** Sept. 19 thru Oct. 17

MORE PRACTICAL SPANISH
Prerequisite: completion of Practical Spanish, ability to conjugate verbs in present tense.

- **5 Saturdays** 9 am-Noon $99
  - 5 Saturdays 9 am-Noon $99
  - 5 Tuesdays 7-10 pm $99
- **ClassID #38135** Oct. 21 thru Nov. 18
- **ClassID #38136** Oct. 24 thru Nov. 21

Sandra Lew, M.A. in Spanish, has been teaching since 1988 at community colleges.

AMERICAN SIGN LANGUAGE
Learn the language and customs of the deaf community in this class designed for beginners but open to all levels. Practice basic hand signal skills, finger-spelling, facial expression, body language and movements for conceptual signs in a fun and supportive environment.

- **6 Tuesdays** 7-9 pm $75
  - 6 Tuesdays 7-9 pm $75
  - 6 Mondays 6:30-9:30 pm $139
- **ClassID #38140** Oct. 24 thru Dec. 5
- **ClassID #38419** Sept. 11 thru Oct. 16
- **ClassID #38419 held off-campus in Mar Vista; directions provided upon registration.**

Judy Higa is a former Sign Language interpreter who has been teaching for over 20 years.

FRENCH FOR TRAVELERS
Planning a trip to France? Or just want to learn the “language of love”? Here’s a great way to “parler français.” Become familiar with spoken French. Learn basic vocabulary and useful phrases dealing with travel, time, shopping, eating, emergencies and more. Participate in role playing, Q & A and discussion, and learn some important things about French culture in order to get along. Last class meeting will be an excursion where you can practice what you’ve learned. Bon voyage! $10 material fee, due at registration.

Harriette McCauley, M.A. in French/Spanish, is an experienced teacher and translator who has worked in the French consulate.

- **8 Saturdays** 9-10:30 am $59
  - 8 Saturdays 9-10:30 am $59
  - 5 Fridays 10 am-1 pm $139
- **ClassID #38159** Oct. 7 thru Dec. 2
- **ClassID #38420** Oct. 6 thru Nov. 17

PREPARING FOR THE TOEFL
Do you need a high TOEFL score to get accepted to your dream college? Do you lack confidence in your ability to earn that score? If so, this is the TOEFL preparation course for you! The course—designed to deliver the skills, strategies, and confidence you need to succeed on the TOEFL—will expand your English vocabulary, strengthen your grammar skills, improve your reading comprehension, and help you understand and apply test-taking strategies for success.

This class is taught by instructors from West Los Angeles College’s Language Academy.

- **6 Mondays** 6:30-9:30 pm $139
  - 6 Mondays 6:30-9:30 pm $139
  - 5 Tuesdays 7-10 pm $99
- **ClassID #38419** Sept. 11 thru Oct. 16
- **ClassID #38419 held off-campus in Mar Vista; directions provided upon registration.**

6 Fridays 10 am-1 pm $139

Judy Higa is a former Sign Language interpreter who has been teaching for over 20 years.

Register online 24/7 for all Extension classes at http://westside.wlac.edu.
Get to Know Los Angeles

Here are some examples of the wide range of trips scheduled throughout the year that we have customized for you:

- Amusement parks such as Disneyland and Universal Studios
- Museums
- Sporting events & concerts
- Venice & Santa Monica Beaches
- L.A. cultural centers such as Beverly Hills, Santa Monica, Venice, Downtown LA, Chinatown & Little Tokyo
- Sony Studios & TV studios
- Local universities UCLA & USC

1) Go to www.wlac.edu/West-Language-Academy/index.aspx to view the complete program information and learn how to apply.

2) Contact Lisa Saperston, Director of WLA:
   Email: WestLanguageAcademy@wlac.edu
   Telephone: (310) 463-6799

Improve your English Language Skills at West Los Angeles College in our Intensive English Program!

The West Language Academy (WLA) is the ideal place for you, a friend, or relative who wants to study in the United States. WLA offers 20 hours of English instruction per week so you can quickly build your oral and written English communication skills. The curriculum includes strategies to help you pass the TOEFL or an equivalent English proficiency test, and quickly get started on your college credit studies at West LA College. WLA will also let you discover all that Los Angeles has to offer, with activities outside the classroom where you will explore and experience the culture of our dynamic city.

WHAT MAKES WEST LANGUAGE ACADEMY SPECIAL?

We believe that you can learn English better and faster by experiencing what you are learning. We have structured our program to provide real-life experiences for you. We do this by using:

- The latest technologies and social media to strengthen your learning experience.
- Weekly themes to make the instruction more relevant and engaging.
- Opportunities for ‘hands on’ learning—you’ll meet the people who are the best in their industries!
- Interactive lectures and class activities.
- At WLA, we will take you out of the classroom to experience first-hand the culture of Los Angeles, California and the United States.

UPCOMING 7-WEEK SESSIONS

<table>
<thead>
<tr>
<th>Session</th>
<th>Start Date</th>
<th>End Date</th>
<th>Orientation Date</th>
<th>Duration</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall 1</td>
<td>Aug. 28-Oct. 12</td>
<td>Oct. 23-Dec. 7</td>
<td>Aug. 23</td>
<td>10 am-3 pm</td>
<td>$1,825</td>
</tr>
<tr>
<td>Fall 2</td>
<td>Oct. 23-Dec. 7 (required orientation Oct. 19)</td>
<td></td>
<td></td>
<td></td>
<td>$1,825</td>
</tr>
<tr>
<td>Winter 2018</td>
<td>Jan. 9-Feb. 23 (required orientation Jan. 8)</td>
<td></td>
<td></td>
<td></td>
<td>$1,825</td>
</tr>
</tbody>
</table>

Note: class schedules subject to change

Experienced language professors effectively integrate language skills when teaching topics such as speaking and conversation, vocabulary and idioms, reading, writing, listening, grammar, and English proficiency test preparation. WLA can teach all levels of English, ranging from beginner speaking and writing levels to more advanced academic proficiency. Classes are limited to no more than 15 students.
Basic Mediation Skills Training & Certificate

NEW CONDENSED SCHEDULE!

“Mediation skills show up in job listings for sales reps, project and property managers, administrative analysts, engineers, human resources and labor relations, healthcare, counselors, case managers, claims adjusters, attorneys, paralegals, advocates, and more.”

Courts, workplaces, labor organizations, commercial transactions, service providers, HOAs, and community organizations are turning to—even requiring—mediation. The skill set is incredibly useful at work and in life—for parents with children, teachers with students, employers with staff, issues with merchants, etc. Add this valuable set of skills to both your life and your résumé. Our interactive workshop includes lecture, demonstration, exercises, role-plays and group debriefing to give you a foundation you can leverage into a service or career. Alternative Dispute Resolution (ADR) can provide options to help people regain control, autonomy, dignity, and humanity. If you like the idea of helping people reach mutually-agreeable (win-win) solutions, imagine getting paid to do it!

2 Sat & 2 Sun 9 am-3:30 pm ClassID #38169 November 4-5 & 11-12 $299

DAY 1: THE BASIS OF CONFLICT
Explore the underlying basis of conflict. Discover your conflict style and how you interact with other styles. Gain a better understanding of effective communication and listening skills, and the obstacles when these breakdown. Learn the art of questioning and how it is used differently during a mediation session. Examine how diversity influences the process.

DAY 2: STAGES OF MEDIATION
Delve into each stage of the mediation process to understand the goals and objectives of each stage. Learn what your mediator role is at each of these stages.

DAY 3: ROLE-PLAYING
Practice what it’s like to be a mediator through role-play exercises. Experience how each party feels during conflict as you take on different roles and better understand the methods you learned in the previous two weeks, and utilize them.

DAY 4: ETHICS & OPPORTUNITIES
Continue role-playing to enhance your skills. Also review the ethical standards for mediators and the issues they may face before, during and after a session. Learn about the variety of job opportunities available to you not only in the mediation field, but also in jobs that incorporate mediation skills in their hiring requirements.

Karen Civitate has been a mediation trainer in the federal and private sector since 1992, and has herself successfully conducted more than 500 mediations and group facilitations around the country for government and community agencies. She has an M.A. in Negotiation, Conflict Resolution, and Peace Building and is an Advanced Practitioner for the Association of Conflict Resolution.

STILL NOT SURE?
Email the instructor at karciv1@aol.com with any questions. Use subject line ‘Mediation Questions.’

Online Registration is convenient and easy, but if you need assistance, call our office at (310) 287-4475.
DEALING WITH DIFFICULT PEOPLE
Manipulation, abusiveness, pressure, criticism, rage, and other difficult tactics do not have to get to you. Learn to handle people who make you feel guilty, crazy, weak or inadequate. Lecture, discussion and role playing will provide participants with tools to master the games people play, defuse out-of-control situations and understand confusing behavior. Won’t it feel good to know how to get more support and less hassle from your boss, co-workers, family and everyone else you deal with?

An analyst-strategist-teacher-coach, Roberta Lachman has devoted her career to helping people—including executives in UCLA Anderson School of Management’s Executive MBA program—in the interpersonal abilities necessary to deal with difficult colleagues, bosses, clients, and others.

1 Saturday 9 am-Noon $35
ClassID #38181  September 23

GRAMMAR POWER IN THREE HOURS
AGES 15 & UP
Is it ‘who’ or ‘whom’, ‘She and I’ or ‘her and me’? Bad grammar makes a bad impression. If you want to succeed, you must communicate properly.

Find out about the most common mistakes people make and learn to avoid them in this intensive grammar workshop. Rediscover the basics of good sentence structure and discuss principles like making subjects agree with verbs. Tricky verbs such as “lay,” “lie,” “affect” and “effect” will also be demystified.

Petra Hellstrom, M.A. in Elementary Education, has been a teacher since 1994. She is currently an instructor for West’s English Language Academy.

1 Saturday 10 am-1 pm $29
ClassID #38364  September 30

IMPROV FOR PUBLIC SPEAKING: FROM ANXIETY TO BOLD ACTION
Find the bold, genuine, confident person inside you! Improv training is a wonderful way to overcome social anxiety and your inner critic. Get comfortable expressing yourself—plus enhance your memory, focus, courage, creativity and spontaneity. We’ll use games, exercises, and other activities designed to help you express yourself freely, all in a supportive environment. Learn to think on your feet in any situation. Skills gained are great life skills for leadership, business, social, and family settings.

If you’re feeling apprehensive or have questions about this class, you may email Matthew at matt@mattgaffneyexperience.com. He’s excited about helping you change your life!

Matthew Gaffney worked 15 years on Wall St and 6 years in hospitality before finding improv. He says it’s changed the way his mind works and has been kryptonite for his inner critic—as well as a powerful antidote for anxiety, fear, and inertia. Matthew completed The Second City Hollywood Conservatory Program and the Westside Comedy Theater’s Improv program, where he performs on a house team.

ClassID #38168 Sept. 26 thru Oct. 17
4 Tuesdays 7:30-9:30 pm $75

Online Classes
See page 39 or website for more details, including complete lesson plans (click on “show syllabus”).

ONLINE $125
INTERPERSONAL COMMUNICATION
MASTERING PUBLIC SPEAKING
KEYS TO EFFECTIVE COMMUNICATION
INDIVIDUAL EXCELLENCE
PERSONAL FINANCE

INVESTMENT PLANNING - MAKE YOUR MONEY WORK FOR YOU

Brian Asher’s Investment Planning workshops—one of Westside Extension’s original offerings in 1995—are still immensely popular today. Since 1985, through all kinds of economic environments, Brian has empowered investors to make intelligent investment decisions, implement informed strategies, and manage risk. Increase the likelihood of a better financial future using common sense and independent thinking, and learn to how to take advantage of market fluctuations, increasing the potential for profit. It’s never too late to benefit from Brian’s wealth of knowledge and experience. All levels welcome.

Brian Asher has been in the financial services industry since 1984 and is currently a vice-president for a well-known financial institution.

INVESTMENT PLANNING SERIES

<table>
<thead>
<tr>
<th>7 Thursdays</th>
<th>7-9:30 pm</th>
<th>$149</th>
</tr>
</thead>
<tbody>
<tr>
<td>ClassID #38182</td>
<td>Sept. 28 thru Nov. 9</td>
<td></td>
</tr>
</tbody>
</table>

These Workshops are Designed for Students to Take the Entire Series, a Savings of $124! Individual Classes May Be Taken for $39 each, if Space is Available.

FINANCIAL PLANNING

If you take only one of Brian’s classes, take this one. This general overview applies whether you invest in stocks and bonds, bank accounts or real estate. Brian will cover the purpose of investing, how to start a savings plan, planning for emergencies, managing debt and why people fail to achieve financial independence.

ClassID #38183 Sept. 28 7-9:30 pm

INVESTING IN STOCKS

Take the mystery out of the stock market. Learn what stock is and how it works—as well talk about stock yields, the three rules of stock investing, making your money grow, and the importance of dividends.

ClassID #38184 Oct. 5 7-9:30 pm

MUTUAL FUND INVESTING

Investing as little as $50 a month with a 10% return can make your investment grow to more than $10,000 in 10 years. This popular class is great for those with little or no investment experience. Topics include basic investment terminology, what diversification really means, indexed funds, the basics of mutual fund analysis, and more.

ClassID #38185 Oct. 12 7-9:30 pm

HOW TO ANALYZE MUTUAL FUNDS

With several thousand mutual funds to choose from, how do you pick? Learn more about analyzing mutual funds, load vs no-load funds, funds families, your 401(k) and 403(b) investment options, and exchange traded funds (ETFs).

ClassID #38186 Oct. 19 7-9:30 pm

STOCK RESEARCH

Learn why the internet may or may not be your friend when it comes to doing stock research. Solid stock research involves looking at earnings per share, price earnings ratio, PEG ratio, and GARP—along with reading analytical tools like Value Line and other research sources.

ClassID #38187 Oct. 26 7-9:30 pm

BOND INVESTING & PROPER ASSET ALLOCATION

Bonds are an integral investment choice. Brian will demystify government, tax free municipal, and corporate bonds—plus ratings, and how to purchase. He’ll also address proper investment allocation between stocks, bonds, and other assets to reduce portfolio risk.

ClassID #38188 Nov. 2 7-9:30 pm

PLANNING FOR YOUR RETIREMENT

Take control! Learn how easy and wise it is to take advantage of tax-deferred savings accounts, traditional and Roth IRAs, IRA rollovers, and 401k and 403b plans. Start building your nest egg today.

ClassID #38189 Nov. 9 7-9:30 pm

Stop Worrying & Take Action!

Register online 24/7 for all Extension classes at http://westside.wlac.edu.
### Medicare and Long-Term Care Explained

Understanding your Medicare benefits is essential for a healthy retirement, and you can get penalized if you don’t select your Medicare health benefits by age 65. Get in-depth information about the Medicare program, Part A, Part B, Part C, and Part D. Learn how to choose the best option for you and your family. We will also cover long term care, to help you prepare for a worry-free retirement and life. Couples should attend together, so bring your significant other for only $10 more. *Unfortunately, it will not help those who’ve been collecting for more than a year.*

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicare and Long-Term Care</td>
<td>Nov. 4</td>
<td>10 am-12:30 pm</td>
<td>$29 (couples $39)</td>
</tr>
</tbody>
</table>

### Estate Planning

72% of Americans do not have an estate plan which includes a Will, Trust, Power of Attorney and Healthcare Directive. Without these important documents you leave yourself exposed to probate, lawsuits, taxes and a loss of control over your healthcare decisions. Join this easy-to-understand class and learn to put together these documents in the least painful way. You’ll be empowered to create a life where your estate can be protected and passed down to your loved ones, based on your wishes, with the least amount of tax and headache. Couples should attend together, if possible, for just $10 more.

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Estate Planning</td>
<td>Oct. 14</td>
<td>10 am-1 pm</td>
<td>$29 (couples $39)</td>
</tr>
</tbody>
</table>

### Personal Finance

The instructor for these classes is Samuel Rad, a Certified Financial Planner™ with Affluencer Financial. Sam has multiple licenses in the investment, tax, real estate and insurance fields. In addition to teaching for Westside Extension and UCLA, he is a regular commentator on Los Angeles radio stations KNX 1070AM, KFWB 980AM, and 870AM. He has been featured on PBS as a consumer advocate, and is passionate about empowering people to take charge of their financial futures.
THE TRUTH ABOUT REVERSE MORTGAGES

Need money? You can convert home equity to cash for medical expenses, additional monthly income, a tax-free line of credit, or an advance on an inheritance. The reverse mortgage program grew rapidly during the last decade; new guidelines took effect in March 2015. Dean will discuss the changes along with the pros and cons of reverse mortgages, the myths surrounding them, things to consider, and how to obtain them if you choose. So if you’re a homeowner age 62 or over—or know someone who is—you may want to attend this class.

Dean Higuchi has been in the mortgage business since 1992, see more next page.

1 Tuesday  Oct. 3  6:30-9 pm  
ClassID #38194  $39 (couples $69)

YOU’RE RETIRED, NOW WHAT?

You don’t have to jump out of an airplane or join an expedition to discover ancient civilizations (unless you want to!). Elaine, who is more active in all aspects of life since ‘retirement,’ developed this fun and informative workshop for others facing or in retirement—and unsure of what to do next. Topics include being productive, giving back, saving money, earning extra income, avoiding scams, and living a fulfilling life. Included are special opportunities available for retirees, what steps you can take to implement them, and how they can impact your life. Network with others and come away feeling refreshed with new ideas and goals—and renewed energy! $16 material fee due at registration for a comprehensive workbook.

Elaine Moran has been teaching since the 1970s and quit working for others in 2005. Since then, she has traveled extensively, written books, and given workshops on a variety of subjects.

1 Saturday  10 am-Noon   $29  
ClassID #38154  October 7

SIMPLIFY, DOWNSIZE, ORGANIZE

Overwhelmed by too much stuff? Simplify your daily life for more space, time, and energy! Most of us will move to a smaller space at some point; avoid rush (and often rash) decisions by being proactive. Even if you stay in your home forever, you can make it safer and easier to maintain. Find out about the 4 downsizing categories and action steps. Learn what qualifies as a VIP (Very Important Paper) and how to best organize them for yourself and those you love. A great workshop for retirees, soon-to-be-retirees, their children, and anyone who wants to be free to focus on what’s important.

Tanisha Porter is a natural-born organizer who preferred organizing her parents’ home to playing! She loves helping others by sharing her passion, and has her own organizing business. She’s also very active in her local chapter of the National Association of Professional Organizers (NAPO).

1 Saturday  9-11 am   $19  
ClassID #38196  September 23

CONQUER PAPER CLUTTER

Get ready for tax time, and create a system you can use year after year to make the job easier. Paper is still one of the top organizing challenges reported by clients of professional organizers. Other topics covered in this three-hour boot camp include incoming mail, junk mail, bills, receipts, important documents, and filing techniques you can use instantly with or without a fancy file cabinet. Bring a box of your paper clutter, some file folders, and post-it notes—we’ll get started together!

Tanisha Porter

1 Saturday  9 am-Noon   $39  
ClassID #38197  October 28

Register online 24/7 for all Extension classes at http://westside.wlac.edu.
CREATE YOUR DREAM HOME BY REMODELING

The most cost-effective way to have your dream home may be through remodeling. But ‘reality’ TV shows don't paint an accurate picture of the process. Successful remodeling starts with a clear vision that's not about the trends, but about how you function in your home. So, before exploring design with an architect, let Monica D. Higgins guide you through a process that will control your costs, reduce your stress, and allow you to do better things with your time than babysit the contractor. Homeowners who've gone through this process with Monica have saved up to 30% in design fees and up to 50% in construction costs—so you can see that this class is an incredible value that will more than pay for itself. Once you've completed this 9-lesson course, you will schedule a half-hour consultation with Monica to guide you through your next steps.

Super convenient!
You'll have access to easy-to-follow video lessons anytime you want for as long as you want—from your smart phone, tablet or desktop.

Monica D. Higgins, MBA, LEED AP was inspired to become a Certified Construction Manager after witnessing her mother get ripped off on a renovation project nearly 30 years ago. Since then she’s made it her mission to help homeowners achieve remodeling success. Her proven process and expert knowledge have been featured by/in: HGTV, eHow, This Old House and Entrepreneur Magazines.

9 Lessons, Online $99
ClassID # Start Date
38162 September 23
38209 October 14
38210 November 4
38211 December 2

Satisfaction Guaranteed!
See website for details.

I'M BUYING MY FIRST HOME!

One of the biggest steps you take in life is buying your first home or condo. Are you ready? Learn what happens—and when—throughout the home-buying process. Understand what banks consider when it comes to loan qualifying, plus the ins and outs of different types of loans so you can make the best choice for you. Stop surfing the ‘net for info and meet face-to-face with a living, breathing, experienced mortgage loan representative to get the real scoop and your questions answered! *Couples (or two friends) can save $19 by signing up at the same time for $79!

Dean Higuchi, a senior loan officer at Riviera Funding, has been helping people fund the home of their dreams since 1992.

1 Thursday October 12 6:30-9 pm
ClassID #38195 $49 (couples $79)

DROUGHT TOLERANT LANDSCAPING

It pays to landscape the drought-tolerant way! Find out how to replace your thirsty lawn with decorative plants and groundcovers that can reduce your water bill and don’t have to be mowed! Get step-by-step techniques for installing decomposed granite, gravel, boulders and flagstone walkways. Includes a field trip to a beautiful Playa Vista park that focuses on drought-tolerant plants.

A landscape designer/builder for nearly 30 years, Charlotte Chen was a featured landscaper on HGTV’s Landscapers’ Challenge.

1 Saturday 9 am-2 pm $49
ClassID #38198 November 4

We also offer
Landscape Design
See website for details.

Call (310) 287-4475 to enroll with MasterCard, Visa or Discover.
Succulent Centerpieces:
Living Arrangements

Beautiful, long-lasting succulent centerpieces provide style and color with minimal care. They're inexpensive and easy to make from cuttings—and as they grow, they can be divided to create additional arrangements for your office, home, or patio. They also make great gifts that keep on giving! The variety of shapes, colors and textures makes for unusual and interesting arrangements, and require minimal water. In this hands-on class, you'll design your own living arrangement to take home and enjoy. Your instructor will provide potting soil and the succulents, you just bring the container 10" x 10" or smaller (ceramic pot, teacup, unusual bowls, be creative!). $5 material fee due at registration.

Sandy Masuo is a self-proclaimed plant nerd and succulent enthusiast. She served on the BOD for the Southern California Horticultural Society for 4 years, and is currently a volunteer docent for the Theodore Payne Foundation for Wildflowers & Native Plants. She also edits the Association of Zoological Horticulture newsletter.

1 Saturday 10 am-1 pm $39
ClassID #38155 October 7

Twisted Wire & Gemstone “Tree of Life” Sculpture

Symbolic in many cultures, the “tree of life” is the inspiration for this class project. These magical little sculptures bloom and grow out of copper, gold or silver wire along with gemstone and glass beads that make it sparkle and shine. Each tree stands approximately 6-7 inches tall. First, you’ll learn how to skillfully twist the beads onto the wire creating the leaves and branches. Then, you’ll master the technique of artfully combining your branches to build the trunk. Next, instruction will be given on how to achieve that “realistic touch” to make it look as it would in nature. Finally, you’ll “plant” your precious tree in a complementary small vessel like a candle holder or planter filled with stones, pebbles and even moss if you’d like. Optional: you can bring a small candle holder or planter not more than 3"x3", although several will be available in class. All other materials will be provided including the wire, beads, stones, vessels and tools. This is a beginner level class.

View project photos at www.ReneeJewelryClasses.com. $7 material fee due at registration.

Renee Raymond is a certified jewelry-making instructor with the Michaels chain of craft stores. She has been teaching jewelry, knitting, and crochet at adult schools since 2005.

1 Saturday 10 am-1 pm $39
ClassID #38156 September 30
**Decorative Painting**

Learn the magic of one-stroke painting plus other decorative painting techniques to make you feel like a real artist. Not only can you use these techniques on canvases, but also other surfaces such as wood, ceramics, terra cotta, fabric, and more. Even if you never painted before, this is the class for you. April will guide you step by step to complete each project. You’ll make new friends and two projects to take home. All levels are welcome, and all projects are in acrylics. $25 material fee for supplies.

Black-and-white don’t do these justice. Go to our website to see them in color!

**Metallic Poinsettia Centerpiece on Wood + Jacaranda on Canvas (view on website)**

3 Saturdays 10 am-1 pm $75
ClassID #38386 October 7 thru 21

**Decorative Painting, On Demand!**

Create beautiful paintings in the comfort of your own home – or wherever you want, whenever you want! You don’t have to be an artist to use this quick and simple technique, and you can find the supplies at any craft store. The whole project will take just 30-45 minutes, though you can watch it as many times as you like – at home, while waiting at doctor’s offices, soccer practice, etc. Videos will be available August 14 thru December 31, 2017 and your registration confirmation will provide a link to the video. View supply list on website.

**Online**

ClassID # Project
38279 Birches in the Spring
38283 Floral Vase on a Table (view on website)

$29

---

**Collagraph Printmaking**

Super easy and fun, collagraphy provides instant gratification! You don’t need to be artsy or creative. This beautiful form of Asian printmaking is accessible to anyone because it’s soooo simple, even though the result looks like a charcoal painting. Collagraphy can be used to decorate paper, fabric, and more. You’ll print your in-class design on fine Asian paper to take home, along with the plate you create so you can make additional prints. Material fee of $20 due at registration; also bring a pencil and an X-Acto knife with extra blades, and be ready to have a blast and impress even yourself.

1 Saturday 1-5 pm $49
ClassID #38206 September 16

**Do-It-Yourself: Matting and Mounting**

Protect your artwork, give it a personal touch, and skip the high cost of a commercial framer. In this hands-on class, you’ll find out about the best types of boards and adhesives, as well as how to determine the correct size, style, shape, and color of the cutout (matte) to enhance visual effects. You’ll get information on different matting styles, plus Charlotte will demonstrate a variety of equipment that you can try before you buy! Bring an art piece or photograph no larger than 8” x 10”, sharpened pencils, a metal ruler, and an X-Acto knife with extra blades. $20 material fee due at registration.

1 Saturday 1-5 pm $49
ClassID #38207 September 30

The instructor for the classes above is Charlotte Chen. Charlotte began her education in the Fine Arts in the 60s and has been a successful designer, builder, and instructor for over 30 years. She teaches at Santa Monica, Pasadena City, and West LA colleges.
Candle Making for Candle Lovers

Valentine’s Day may be just 24 hours long, but candles are romantic anytime. The soft light of candles gives everything a warm and special glow. Plus different scents can help sharpen the mind, calm the body, and better the mood. Learn to make your own decorative, scented candles at a fraction of the price you pay in stores. Find out about waxes and molds, adding scent and color, layering, and more. You’ll leave class with about a dozen beautiful, high-quality candles and the know-how to make more at home. Create gifts for any occasion or maybe even start your own candle business! $20 material fee, due at registration.

1 Wednesday 6:30-9:30 pm  $39
ClassID #38199 October 4

Note: classes are hands-on, so dress accordingly.
HEAL YOURSELF AND OTHERS WITH ACUPRESSURE MASSAGE

Feeling stressed, scattered, or strained? Dr. Martin will introduce you to Chinese and holistic medicine concepts like chi, acupressure meridians, yin and yang, and Chinese tongue diagnosis. Learn approximately 16 acupressure points for common problems like low energy, mental clarity, and body aches—as well as a basic head and neck massage technique that works wonders for sore shoulders and even migraine headaches. No partner necessary for this class, but you will be practicing the neck release points on classmates. Bring a small hand mirror and a water-soluble marker.

Dr. Randy Martin is a Doctor of Oriental Medicine and Classical Homeopath with over 25 years in private practice. He is author of the book “Optimal Health: How to Get It, How to Keep It.”

1 Wednesday 8-10 pm $39
ClassID #38208 October 11

HOMEOPATHY & CHILDREN

Are you concerned about side effects when you reach into your medicine cabinet for conventional medications to treat childhood sniffles, sneezes, upset tummies, even teething pain and bug bites? Children are especially susceptible while their immune system is developing. Avghi will teach you homeopathic alternatives for all these plus first aid for scrapes, scratches, and bruises. You’ll learn how homeopathy works and why it is safe and effective to use on your children without any side effects, so come check out this healthy alternative.

Avghi Constantinides holds a BS in Nutrition, an MA in Homeopathy and Advanced Clinical Homeopathy, and is a Homeopathic Master Clinician. She is Director and Co-founder of the LA School of Homeopathy, as well as Director and Founder of Centre for Life, Integrative Medical Office. Avghi has been in practice since 1995 and teaches at the LA School of Homeopathy, Yo-San University, and community health fairs.

1 Saturday 10:30 am-12:30 pm $25
ClassID #38255 October 21

INTRODUCTION TO FENG SHUI

Money, Health, and Love: these are some of the top reasons people use Feng Shui, the ancient Chinese system for enhancing your life. Find out how to use Feng Shui techniques in your home or place of work—from dorm rooms to mansions, cubicles to the penthouse suite—with affordable and complementary design and décor adjustments. Kartar’s intro class offers you practical applications to improve your finances, your health and any kind of relationship. Even if you have read books or taken other courses, meet face-to-face with a Master to get your questions answered! Take action to attract more good things to your life with this enlightening class.

Kartar Diamond, owner of Feng Shui Solutions, is a Feng Shui Master who has been consulting and teaching since 1992. She works with an expanded skill set that includes Nine Star Ki because Feng Shui focuses on place, Nine Star Ki on the person.

1 Tuesday 6:30-9:30 pm $25
ClassID #38393 October 3

INTRODUCTION TO NINE STAR KI

We’ve all experienced good and bad timing. We all have personal strengths and weaknesses. Make the most of your life now and in the future, using an ancient metaphysical practice called Nine Star Ki. Discover how to track your own best annual and monthly cycles to predict when opportunities or setbacks are likely to occur—and plan your life to go with the flow, instead of against it. Know the best time to schedule surgeries, weddings, vacations, and more. You can also better understand others’ personalities and your relationships with them. Nine Star Ki was discovered by the Chinese, developed further by the Japanese, and has relevant modern interpretations that will amaze you. So don’t delay, start changing your life today!

Kartar Diamond

1 Tuesday 6:30-9:30 pm $25
ClassID #38394 October 17
**Scrunch & Run Silk Scarf**
Create colorful silk scarves the fast, fun, and easy way! There’s no age limit and no ‘artistic’ talent required for surprising and beautiful results! Each of you will take home three or four silk scarves you made plus dye supplies to make more at home. A great class for mothers and daughters, and a great way to make economical and personal holiday gifts. Everyone loves this class. Please bring plastic gloves, a plastic cup or jar, a hair dryer, and paper towels. $28 material fee due at registration; wear clothes you don’t mind getting dye on or wear an apron.

1 Tuesday 7-10 pm $39
Class ID #38395 October 17

**Beautiful Batik**
Keep that summer vacation feeling all year long with beautiful batiks you make yourself! This 2000-year-old art form automatically brings to mind all the exotic places that ancient batiks have been found—Egypt, India, China, Africa, Bali, Java and the Middle East. Wear them as sarongs, use them as wall hangings, placemats and tablecloths, or sew them into handbags, pillowcases and more. RoseMary will teach you to create your own designs using wax, then how to apply layers of colors, and in what order. The technique can also be applied to paper—perfect for scrapbooking or creating stationery. Bring a roll of paper towels, a cup to hold water, and an iron. $20 material fee, due at registration.

1 Tuesday 7-10 pm $39
Class ID #38397 October 24

**Shibori (Tie-Dyeing)**
Shibori is the old Japanese term and technique for dyeing white fabric. This class will look at different shibori pieces and also at pieces tie-dyed other ways, since other cultures and countries use other methods. Then each student will dye three silk scarves using three different methods. The beautiful results will wow you, your family and friends! Please dress in clothes you can get dye on or bring an apron. It’s also a good idea to bring plastic gloves, paper towels, 3 plastic cups, and a hair dryer. $20 material fee, due at registration, for silk scarves and dye supplies.

1 Tuesday 7-10 pm $39
Class ID #38399 November 14

**You Asked for It, You Got It!**

**Advanced Scrunch & Run: Indigo Dyeing**
Learn how the process of dyeing with indigo differs from most other immersive dyes, and develop the eye to create your own special pieces. $20 material fee, due at registration.

1 Tuesday 6:30-9:30 pm $39
Class ID #38396 October 17

**Advanced Batik**
Paint a real design and learn to create additional colors, as well as your own batik stamps. $20 material fee, due at registration.

1 Tuesday 6:30-9:30 pm $39
Class ID #38398 October 24

**Advanced Shibori**
Learn the discharge to reserve or remove colors to create designs—and if you sew, how you can use that skill to create even more designs! $20 material fee, due at registration.

1 Tuesday 6:30-9:30 pm $39
Class ID #38400 November 14

These classes are taught by Dr. RoseMary Cohen, an internationally-known silk painter who has appeared on HGTV's Smart Solutions and designed Giorgio of Beverly Hills' trademark yellow-stripe silk scarf and ties for Arsenio Hall.
TUNE IN, SING OUT!

Do you just mouth the song while your friends sing along, afraid you can’t carry a tune—or just afraid to sing? This one-day workshop will help hone your abilities and initiate confidence to belt one out with the best of them. Get a snapshot of the fundamentals as Phyllis teaches you techniques that will make singing easy and fun. You’ll sing in a supportive environment. So tune in, sing out—and show off your talent!

Phyllis Causey was recently awarded the Living Legends of Jazz Award by the Duke Ellington Society of California for keeping jazz alive. She has been a vocalist for more than 25 years and has a wealth of experience and information to pass on to students. Phyllis has performed in Detroit, Houston, Los Angeles, and Paris.

SING THAT SONG!

VOCAL WORKSHOP

Is there a song you’d really love to sing? Whether it’s jazz, blues, gospel, country or pop, develop the voice you have, to sound the best you ever have. This workshop will provide a comfortable place for you to develop and/or enhance both vocal and performing skills to sing your song. Find your best key and your own style, get tips on breathing and phrasing, and learn how to work with musicians. You’ll build the confidence to showcase your accomplishment in the “Finale” for invited family and friends the last day of class, where you’ll also receive a certificate. Don’t put it off any longer; sign up now and follow your dream to find the singer in you!

Phyllis Causey

GUITAR 1

Play along with songs you hear on the radio the very first week! Michael’s play-along method is both effective and fun. We won’t promise that you’ll become a guitar master overnight, but you’ll learn how to tune your guitar, read lead sheets (lyrics and chords), and create the notes on the instrument. You’ll also learn basic strumming and chords. Bring your guitar to class.

6 Saturdays 1-3 pm $79
ClassID #38157 Sept. 16 thru Oct. 21
(no mtg Nov. 25)

GUITAR 2

Using your lead sheets from Guitar 1, review the basics of playing guitar, reading lead sheets and right-hand technique. Then get an overview of where to go from there—more advanced bar chords, some basic scales, and improvising theory that can be applied toward playing simple songs. By the end of the course, you’ll be performing confidently for family and friends. Bring your guitar. Prerequisite: knowledge of notes on the first three frets of the guitar and basic open chords.

6 Saturdays 1-3 pm $79
ClassID #38158 Oct. 28 thru Dec. 9
Phyllis Causey has an M.A. in Music and has been teaching since 1985.

SING THAT SONG!

VOCAL WORKSHOP

Is there a song you’d really love to sing? Whether it’s jazz, blues, gospel, country or pop, develop the voice you have, to sound the best you ever have. This workshop will provide a comfortable place for you to develop and/or enhance both vocal and performing skills to sing your song. Find your best key and your own style, get tips on breathing and phrasing, and learn how to work with musicians. You’ll build the confidence to showcase your accomplishment in the “Finale” for invited family and friends the last day of class, where you’ll also receive a certificate. Don’t put it off any longer; sign up now and follow your dream to find the singer in you!

Phyllis Causey

6 Saturdays 11 am-1:30 pm $25
ClassID #38203 September 23

Sing That Song!

Vocal Workshop

Is there a song you’d really love to sing? Whether it’s jazz, blues, gospel, country or pop, develop the voice you have to sound the best you ever have. This workshop will provide a comfortable place for you to develop and/or enhance both vocal and performing skills to sing your song. Find your best key and your own style, get tips on breathing and phrasing, and learn how to work with musicians. You’ll build the confidence to showcase your accomplishment in the “Finale” for invited family and friends the last day of class, where you’ll also receive a certificate. Don’t put it off any longer; sign up now and follow your dream to find the singer in you!

Phyllis Causey

6 Saturdays 11 am-1:30 pm $125
ClassID #38204 Sept. 30 thru Nov. 11
(no mtg Oct. 14)

NEED HELP FINDING WESTSIDE EXTENSION?

Our office is in Parking Lot 5.

Refer to the Map & Directions on page 46.
PERFORMANCE

STAND-UP COMEDY + GRADUATION PERFORMANCE

“He knows how to make you funny!”

Student evaluations are also full of words like supportive, encouraging, and positive. If you’re interested in performing, writing or producing comedy, award-winning stand-up comic Barry Weisenberg can do for you what he’s done for so many. Learn the fundamentals of stand-up comedy technique, nuances, joke construction, comedic theory, marketing, and producing your own comedy show. Also learn ways to improve material you already have, performance tips (including how to relax before going on stage), how to read an audience and work a crowd, using attitude in your act. Get constructive feedback as you put your routine together, then showcase your talents for family and friends at a graduation performance at a comedy club. *$15 comedy room rental fee, due at registration.

5 Saturdays 11 am-2:30 pm  $149*
ClassID #38202  Oct. 7 thru Nov. 4

Often called “the king of one-liners” and subject of the documentary “Earth Needs More Comedians,” stand-up comic Barry Weisenberg has been performing since 1991 at venues like the Irvine Improv, the Jon Lovitz Comedy Club, the Downtown Comedy Club, and the Ice House. He was the winner of the 2006 Las Vegas Comedy Festival, runner-up in the 2007 Comedy Idol competition, 2nd in the Orange County’s 2011 Funniest Person competition, and a finalist in the Rickies One-Liner Contest at the Comedy Store in October of 2011. In 2013, he appeared in his first movie, “We’ve Got Balls.”

BLACKJACK BOOT CAMP

Hit or stand? Double down? Press your bet?
These are choices that blackjack players face all the time. The casino usually comes out ahead—but Scott says you can win at blackjack if you have the proper knowledge, strategy, bankroll and discipline. In this fun seminar, you’ll discuss basic strategy play and how to outwit the casino. Find out how and when to use certain card-counting and money-management strategies. This course is great for beginners and advanced players alike. So don’t stand pat—take a hit on this sure-fire winner. Bring a deck of cards and a sack lunch, and get ready to win!

Scott Spooner has played blackjack for more than 35 years; four of those as a professional player. He has played extensively in both Nevada and California casinos.

1 Saturday 10 am-3 pm  $39
ClassID #38138  October 21

HOW TO PLAY AND WIN AT CRAPS

Learn how to play the hottest game in the casino. Course topics will include: the table layout, dealers, bets, playing strategies, money management, and more. At the end of this 1-day class, you will be able to play and increase your chance of winning at this fast-paced and exciting game. Great for beginners and advanced players alike. Bring a sack lunch.

Scott Spooner has been playing—and beating—the game of Craps for more than 20 years.

1 Saturday 10 am-3 pm  $39
ClassID #38139  October 28

“ This is the best comedy class I’ve ever taken.
~ Jaimsyne Blakely ”

For latest class information, visit: westside.wlac.edu.
Call (310) 287-4475 to enroll with MasterCard, Visa or Discover.

Westside Extension partners with the Toyota Sports Center to offer adult ice skating and hockey classes. This first-class facility near LAX is the practice home of the 2012 & 2014 Stanley Cup Champion Los Angeles Kings, and is located about 8 miles south of WLAC. Directions will be provided upon registration. **Important: You MUST arrive 30 minutes before class the first day and check in with CLASS CONFIRMATION.**

**ICE SKATING**

Designed for the skater who has never skated or had formal ice skating instruction. You’ll learn basic forward and backward skating, snowplow stops, swizzles, backward wiggles and forward crossovers.

- 4 Tuesdays 7-7:30 pm
- 4 Saturdays 11:45 am-12:15 pm
- 4 Sundays 11:20-11:50 am

**LEARN TO SKATE VIA ICE HOCKEY**

This class introduces the skater to ice hockey and teaches basic safety and skating skills. Forward and backward skating, balance, and edges are covered. Protective equipment is recommended, but not provided.

- 4 Tuesdays 7-7:30 pm
- 4 Saturdays 11:45 am-12:15 pm
- 4 Sundays 11:20-11:50 am

**Parent & Me!**

See page 44

**Just $99 for 4 Lessons, Free Passes to 6 Skate Sessions**

(4 for you and 2 for a guest) and All Skate Rentals!

**Online Registration** is convenient and easy, but if you need assistance, call our office at (310) 287-4475.

**Muay Thai/Thai Boxing**

Muay Thai or Thai Boxing is the national sport of Thailand and a great workout. Thanks to a partnership between Westside Extension and the Royal Thai Consulate General, Los Angeles, you can explore Thai Boxing for just $49! Learn the Art of Eight Limbs—which includes the use of fists, knees, elbows and feet—as well as basic footwork, offense, defense, and strategy. This safe, non-competitive, no-contact class will be taught by the professional staff of Muay Thai America Gym. Open to men, women, and minors 14-17 with parental signature. Be prepared for intensity! All equipment provided except boxing gloves, which will be discussed at first class meeting.

Michael Ha has over 30 years of martial arts experience in various systems including Muay Thai, Kung-Fu and Ju-jitsu. He has been teaching for more than 12 years.

**Ice Skating & Hockey**

for Ages 4 thru 14, plus Parent & Me!

See page 44
Register online 24/7 for all Extension classes at http://westside.wlac.edu.

**FITNESS**

**SUNDAY MORNING YOGA**
Start the week right! Yoga is good for body and soul but those classes at the gym can be intimidating. Our supportive, easy-going class tailors postures to individual physical needs and abilities, as well as how you’re doing that particular week. Benefits include reduced pain, greater flexibility and balance, increased ability to deal with stress, and better sleep. Wear comfortable clothes and bring a yoga mat or towel. Eat no more than a light snack in the 2 hours before class.

Donna Hurley has been teaching yoga since 1999, and acknowledges that abilities differ from person to person and day to day.

5 Sundays 10-11:15 am $55
ClassID #38350 Sept. 17 thru Oct. 15
ClassID #38351 Oct. 29 thru Dec. 3 (no mtg Nov. 26)

**STRETCH & TONE**
This class really mixes it up, borrowing from yoga, pilates, and dance—so you’ll never get bored. It’s an exercise smorgasbord! You’ll increase your flexibility and strengthen your abs, as well as stretch and tone your body with an emphasis on flattening your core abdominal muscles. Bring a yoga or Pilates mat, towel and water.

Elissa Kyniacou teaches dance and fitness at UCLA, Cal State Dominguez Hills & Loyola Marymount.

5 Mondays 7-8 pm $49
ClassID #38264 Sept. 25 thru Oct. 23
ClassID #38265 Nov. 6 thru Dec. 4

**INTRODUCTION TO TAI CHI CH’UAN**
Originating in China hundreds of years ago, Tai Chi Ch’uan is a gentle, moving meditation that conditions the body and mind, leading to a heightened sense of well-being. In this course, you’ll begin learning the Tai Chi “form,” comprised of poetically-named movements that strengthen muscles and bones, improve circulation and the functioning of internal organs. Relieve stress, and improve your focus and concentration. All courses are suited to both beginning and continuing students. Wear comfortable clothes and shoes.

Cynthia Ludlow has practiced Tai Chi since 2001 and has been teaching it since 2008.

5 Tuesdays 7:15 pm $59
ClassID #38262 Sept. 26 thru Oct. 24
ClassID #38263 Nov. 7 thru Dec. 5

(no mtg Nov. 23)

**MAT PILATES**
A system of controlled exercises that engage the mind and condition the total body, Pilates activates the “powerhouse” muscles and conscious breathing to strengthen, lengthen, and tone the abdomen, pelvic cavity, lower back, glutes, hips, and thighs. Learn how to use concentrated movements of your arms and legs to create long, lean muscles and improve your body’s alignment, enhance your balance, and increase muscular control. Therapeutically based, Pilates is ideal for rehabilitating selected injuries. Bring a yoga or Pilates mat, as well as a Pilates ball (see website or call office for details). Also bring a theraband if you have one.

Jackline Daneshrad has over 20 years’ experience in the fitness industry as a group exercise teacher, personal trainer and lifestyle coach. She holds a certification from the American Council On Exercise and is a certified Pilates instructor.

5 Thursdays 6:45-7:45 pm $55
ClassID #38260 Oct. 5 thru Nov. 2
ClassID #38261 Nov. 9 thru Dec. 14 (no mtg Nov. 23)

Cut out our INVESTMENT PLANNING SERIES See pg. 22

Looking for a Healthier Portfolio?
BARRE BLAST WORKOUT
Get great results! Barre (or bar) classes are all the rage because they work so well. The barre is a tool that allows you to do things you can’t do any other way, working muscles you never knew existed. It’s like adding a fourth dimension to your workout—which will also include weights and floor work. You’ll flatten abs, improve posture, burn calories, lose inches, and increase strength and flexibility. These are not old-school calisthenics, so you won’t be bored, just “barred!”

As a professional dancer who also teaches fitness, Elissa Kyriacou is uniquely qualified to show you how the barre can take your workout to the next level.

5 Thursdays 8:15-9:15 pm $49
ClassID #38268 Sept. 28 thru Oct. 26
ClassID #38269 Nov. 9 thru Dec. 14 (no mtg Nov. 23)

BELLY BOOT CAMP
Tone that tummy, whittle that waistline! More intense than a traditional belly dance class, this workout will involve muscles you didn’t know you had. You’ll do drills based on belly dance moves like isolations, shimmies, and undulations to achieve more body control and confidence.

And while the focus is on strengthening and toning, you’ll also get a cardio workout. Please wear pants you can stretch in.

5 Tuesdays 8:15-9:15 pm $49
ClassID #38404 Sept. 26 thru Oct. 24
ClassID #38405 Nov. 7 thru Dec. 5

FLAMENCO FITNESS
A fiery and fun workout, Flamenco Fitness will get your heart thumping! In addition to cardio, you’ll strengthen your arms, legs, feet, and torso. Footwork, skirt work, palmas and arm work from the Spanish gypsy tradition will make this a workout like no other. You’ll even play castanets. So ignite the barre can take your workout to the next level.

5 Wednesdays 7-8 pm $49
ClassID #38266 Sept. 27 thru Oct. 25
ClassID #38267 Nov. 8 thru Dec. 14 (no mtg Nov. 23)

Back By Popular Demand!

BODY MOVES FOR BRAIN POWER – SMART EXERCISES
If you think playing computer games and doing crossword puzzles is enough to keep your brain working at its peak as you age… think again! Participate in research-based activities (mostly in the chair) that incorporate rhythmic patterns and sequences designed to stimulate brain-cell function, boost focus, enhance blood flow to the brain, and improve mental responses. We’ve added new protective abdominal/core exercises (and handouts) to the program! Research is showing that you can significantly reduce the risk of developing symptoms of Alzheimer’s disease by addressing the reversible risk factors. $15 material fee payable in class. This class held off-campus in Mar Vista; directions provided upon registration.

Debbi Harper, certified fitness instructor and author of “The Brain Book,” has taught memory improvement and senior wellness programs.

4 Saturdays 9-10 am $69
ClassID #38422 Sept. 16 thru Oct. 7

Call (310) 287-4475 to enroll with MasterCard, Visa or Discover.
SALSA BOOT CAMP FOR ABSOLUTE BEGINNERS

If you’ve never tried Salsa before—or if you have, but want to sharpen your skills—join us for this 3-hour journey into the world of Salsa. This 3-hour boot camp is for you. We’ll start with the most beginner steps but by the end of the day, you’ll feel confident enough to lead (or follow) your way around the dance floor. Learn salsa combinations, turn techniques, musicality, cross-body leading, and styling.

This class is held at a professional dance studio about 8 miles from campus, near the Beverly Center. Directions provided upon registration.

1 Sunday 2-5 pm $35 per person
ClassID #38055 August 27
ClassID #38383 September 10
ClassID #38384 October 15
ClassID #38385 November 12

WE KNOW YOU’RE BUSY!

We offer additional dance classes to help fit your schedule, off campus, near the Beverly Center.

TUESDAY, THURSDAY OR SATURDAY SALSA

SEE WEBSITE OR CALL OFFICE FOR DETAILS

ZUMBA®

It’s a fitness party! Zumba is a Latin-inspired, calorie-burning, dance-fitness experience that’s geared toward health and happiness. It’s an effective, easy-to-follow workout for both beginners and regular exercisers. Join us for a workout that is so much fun you won’t even mind working out!

Julie Schatz has been licensed to teach Zumba through the Aerobics and Fitness Association of America.

5 Mondays 7-8 pm $55
ClassID #38256 Sept. 18 thru Oct. 16
ClassID #38257 Nov. 13 thru Dec. 11

AND FROM DETROIT...

URBAN BALLROOM DANCING

This simple-yet-elegant dance form has grown in popularity nationwide. It’s ballroom dancing flavored with urban moves for a fun, relaxing, social workout. You’ll warm up line dancing, then learn the basic techniques, movements, and positioning of Urban Ballroom. The evening will end with practice via freestyle dancing.

Earl Ofari Hutchinson is a radio host and national commentator who’s been studying and practicing urban ballroom dance since 2012.

Terry Hunt has been dancing for over 10 years. Her current focus is Urban Ballroom, Graystone, and Salsa. She enjoys teaching others the art of partner dancing.

5 Thursdays 6:30-8 pm $49 per person
ClassID #38258 Sept. 28 thru Oct. 26
ClassID #38259 Nov. 9 thru Dec. 14 (no mtg Nov. 23)

Get your Money’s Worth!

Be considerate of your fellow students. Allow ample time to park and locate your classroom.

Register online 24/7 for all Extension classes at http://westside.wlac.edu.
AQUA ZUMBA®

Splashing, stretching, twisting—even shouting, laughing, hooting, and hollering are often heard during an Aqua Zumba 'pool party!' Aqua Zumba integrates the Zumba formula and philosophy with traditional aqua fitness disciplines for a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and exhilarating. Eat only a light snack in the two hours before class!

Yolany Guzman has been in the fitness industry for five years. She's been a certified Aqua Zumba instructor since 2012. She also teaches at the Culver City YMCA and Palms Elementary School.

<table>
<thead>
<tr>
<th>ClassID#</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>38352</td>
<td>5 Tue</td>
<td>Sept. 12-Oct. 10 7:15-8:15 pm</td>
</tr>
<tr>
<td>38353</td>
<td>5 Thu</td>
<td>Sept. 14-Oct. 12 8:15-9:15 pm</td>
</tr>
<tr>
<td>38354</td>
<td>5 Tue</td>
<td>Oct. 24-Nov. 28 7:15-8:15 pm</td>
</tr>
<tr>
<td>38355</td>
<td>5 Thu</td>
<td>Oct. 26-Nov. 30 8:15-9:15 pm</td>
</tr>
</tbody>
</table>

INTRODUCTION TO SEA KAYAKING (SEA KAYAKING 1)

Kayaking combines exercise, relaxation, sightseeing and adventure! Learn basic strokes, rescues and boating safety in ocean-touring kayaks. Westside Extension partners with UCLA Recreation to offer kayaking lessons at the nearby Marina Aquatic Center. The majority of class time is spent on the water; you must be in good health—and able to swim 300 feet and tread water for five minutes. You must also be at least 18 years of age. Directions to the Center will be provided upon registration. Please sign up at least three days before class begins.

Space is limited; you must call the office to register. Class fee of $149 includes all equipment.

<table>
<thead>
<tr>
<th>ClassID#</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>38271</td>
<td>2 Sat</td>
<td>Sept. 23-30 9 am-1 pm</td>
</tr>
<tr>
<td>38272</td>
<td>2 Sun</td>
<td>Oct. 8-15 9 am-1 pm</td>
</tr>
<tr>
<td>38273</td>
<td>2 Sat</td>
<td>Nov. 4-11 9 am-1 pm</td>
</tr>
<tr>
<td>38274</td>
<td>2 Sun</td>
<td>Dec. 3-10 9 am-1 pm</td>
</tr>
</tbody>
</table>

PRIVATE SWIMMING LESSONS

AGES 6 MONTHS TO ADULT

Customized one-on-one instruction is ideal for anyone trying to overcome a fear of the water, and athletes training for an upcoming event. They’re also a great bridge to group lessons. Learn lifesaving water safety skills and ultimately become independent swimmer.

Call the office to schedule.

Two half-hour lessons $49

OR

Semi-Private Lessons

Add a second person to private lessons for just $20 per hour.

INDEPENDENT SWIM

Improve your swim skills through independent practice. Westside Extension now offers adults time in the pool without instruction. Our 40-foot-long, 4-foot-deep heated indoor pool is perfect for our students looking for extra practice, or for anyone who wants a low-impact workout at their own pace. *No entry last 15 minutes of session. Enrollment limited so register early!

<table>
<thead>
<tr>
<th>ClassID#</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>38381</td>
<td>5 Wed</td>
<td>Sept. 13-Oct. 11 8:15-9:15 pm</td>
</tr>
<tr>
<td>38382</td>
<td>5 Wed</td>
<td>Oct. 25-Nov. 22 8:15-9:15 pm</td>
</tr>
</tbody>
</table>
ADULT SWIMMING—LEVEL 1
Designed for the non-swimmer and beginner, including those afraid of the water. Get comfortable in the water in a warm, 4-foot-deep, indoor pool, while learning basic swimming techniques.

ClassID#  $69
38365  5 Mon  Sept. 11-Oct. 9  7:30-8:15 pm
38366  5 Wed  Sept. 13-Oct. 11  6:30-7:15 pm
38367  5 Thu  Sept. 14-Oct. 12  7:15-8 pm
38368  5 Sat  Sept. 16-Oct. 14  11:30am-12:15pm
38369  5 Sun  Sept. 17-Oct. 15  9-9:45 am
38370  5 Mon  Oct. 23-Nov. 20  7:30-8:15 pm
38371  5 Wed  Oct. 25-Nov. 22  6:30-7:15 pm
38372  5 Thu  Oct. 26-Nov. 30  7:15-8 pm
38373  5 Sat  Oct. 28-Dec. 2  11:45am-12:30 pm
(38374  5 Sun  Oct. 29-Dec. 3  9-9:45 am
(no mtg Nov. 23)
(no mtg Nov. 25)
(no mtg Nov. 26)

ADULT SWIMMING—LEVEL 2
Beginners familiar with basic swim techniques will improve coordination, breathing, and endurance in our indoor pool. Also learn additional strokes, including the backstroke and sidestroke.

ClassID#  $69
38375  5 Thu  Sept. 14-Oct. 12  6:30-7:15 pm
38376  5 Sat  Sept. 16-Oct. 14  1:15-2 pm
38377  5 Sun  Sept. 17-Oct. 15  Noon-12:45 pm
38378  5 Thu  Oct. 26-Nov. 30  6:30-7:15 pm
(38379  5 Sat  Oct. 28-Dec. 2  1:30-2:15 pm
(no mtg Nov. 23)
(no mtg Nov. 25)
(no mtg Nov. 26)
38380  5 Sun  Oct. 29-Dec. 3  Noon-12:45 pm

AQUA AEROBICS
It’s exercise and relaxation all at once. Water is soothing and relaxing, yet your muscles definitely get a workout. Water exercises provide increased resistance and can improve cardiovascular health and muscle tone, even help you lose weight. Plus they’re low-impact and especially forgiving if you have orthopedic problems, need physical therapy, or just haven’t exercised in awhile. And you don’t even need to know how to swim because the WLAC therapy pool is only four feet deep!

ClassID#  $59
38356  5 Mon  Sept. 11-Oct. 9  6:30-7:30 pm
38357  5 Wed  Sept. 13-Oct. 11  7:15-8:15 pm
38358  5 Sat  Sept. 16-Oct. 14  12:15-1:15 pm
38359  5 Sun  Sept. 17-Oct. 15  8-9 am
38360  5 Mon  Oct. 23-Nov. 20  6:30-7:30 pm
38361  5 Wed  Oct. 25-Nov. 22  7:15-8:15 pm
38362  5 Sat  Oct. 28-Dec. 2  12:30-1:30 pm
(no mtg Nov. 25)
(no mtg Nov. 26)
38363  5 Sun  Oct. 29-Dec. 3  8-9 am

The instructor for Aqua Aerobics and Adult Swimming is Donna Hurley. Donna is an American Red Cross certified instructor and lifeguard. She has over 20 years’ aquatics experience, has worked with professional athletes, and was a trainer on Celebrity Fitness Challenge.

Splish Splash!
For water classes, eat only a light snack in the 2 hours before class.

Parent & Me Water Fun,
Parent & Me Water Basics
Kids Swimming
See pages 40 & 41

Register online 24/7 for all Extension classes at http://westside.wlac.edu.
We make it easy for you to take high-quality, instructor-facilitated not-for-credit classes wherever you are, whenever you want!

Just go to westside.wlac.edu and click our Online Instruction Center to search for classes, view instructor bios, peruse lesson plans, and experience a short demo.

*It couldn’t be more convenient!* 

**Choose from over 300 classes for your personal and/or professional development.**

- Accounting & Finance
- Business
- College Readiness
- Computer Applications
- Design & Composition
- Healthcare & Medical
- Language & Arts
- Personal Development
- Teaching & Education
- Technology
- Writing & Publishing

**expert, dedicated online instruction**

**interaction with fellow students**

**flexible with just enough structure to help you complete class**

**printable certificate upon completion**

**just six weeks long**

**a new session begins every month**

Call (310) 287-4475 to enroll with MasterCard, Visa or Discover.
PARENT & ME WATER FUN
AGES 6 THRU 36 MONTHS
Get your child comfortable in water, have fun and bond. Mom or dad will get in the pool to guide their child through activities that introduce kicking, paddling, arm movements, backfloats, blowing bubbles and more. This is a recreational class and does not teach swimming. Infants MUST wear a swim diaper. Price is for parent + child.

ClassID # | $69
---|---
38307 | 5 Tue Sept. 12-Oct. 10 4:30-5 pm
38308 | 5 Fri Sept. 15-Oct. 13 2:30-3 pm
38309 | 5 Sat Sept. 16-Oct. 14 8:30 am
38310 | 5 Sat Sept. 16-Oct. 14 9:30 am
38311 | 5 Sun Sept. 17-Oct. 15 9:50-10:20 am
38312 | 5 Tue Oct. 24-Nov. 28 4:30-5 pm
38313 | 5 Fri Oct. 27-Dec. 8 2:30-3 pm
38314 | 5 Sat Oct. 28-Dec. 2 8:30 am
38315 | 5 Sat Oct. 28-Dec. 2 9:30 am
38316 | 5 Sun Oct. 29-Dec. 3 9:50-10:20 am

PARENT & ME WATER BASICS
AGES 3 THRU 5
For the child who still needs parental support, mom or dad will get in the pool to assist with learning swimming techniques like breathing, kicking and arm strokes.

ClassID # | $69
---|---
38317 | 5 Fri Sept. 15-Oct. 13 3:30 pm
38318 | 5 Sat Sept. 16-Oct. 14 9:30 am
38319 | 5 Sun Sept. 17-Oct. 15 10:20-10:50 am
38320 | 5 Fri Oct. 27-Dec. 8 3:30 pm
38321 | 5 Sat Oct. 29-Dec. 2 9:30 am
38322 | 5 Sat Oct. 29-Dec. 2 10:30 am
38323 | 5 Sun Oct. 29-Dec. 3 10:20-10:50 am

ON MY OWN SWIM BASICS
AGES 4 THRU 6  LEVEL 1
Children who no longer need parental support will work with instructor support to learn basic swimming techniques like breathing, kicking, glides, and floats.

ClassID # | $69
---|---
38324 | 5 Tue Sept. 12-Oct. 10 5:30 pm
38325 | 5 Fri Sept. 15-Oct. 13 3:30 pm
38326 | 5 Sat Sept. 16-Oct. 14 8:30 am
38327 | 5 Sat Sept. 16-Oct. 14 10:30 am
38328 | 5 Sun Sept. 17-Oct. 15 10:50-11:20 am
38329 | 5 Tue Oct. 24-Nov. 28 5:30 pm
38330 | 5 Fri Oct. 27-Dec. 8 3:30 pm
38331 | 5 Sat Oct. 28-Dec. 2 8:30 am
38332 | 5 Sat Oct. 28-Dec. 2 10:30 am
38333 | 5 Sun Oct. 29-Dec. 3 10:50-11:20 am

ON MY OWN SWIM BASICS
AGES 4 THRU 6  LEVEL 2
Children who can kick all the way across the pool with a kickboard will continue to develop their technique.

ClassID # | $69
---|---
38334 | 5 Tue Sept. 12-Oct. 10 5:30 pm
38335 | 5 Sat Sept. 16-Oct. 14 10:30 am
38336 | 5 Sun Sept. 17-Oct. 15 11:20 am
38337 | 5 Tue Oct. 24-Nov. 28 5:30 pm
38338 | 5 Sun Oct. 29-Dec. 3 11:20 am

Swim classes fill quickly. Don’t wait, Register today!
KIDS SWIMMING
AGES 7 THRU 9   LEVEL 1
Learn basic swimming techniques, including breathing, kicking and arm strokes.

ClassID # $69
38339 5 Sat Sept. 16-Oct. 14  11-11:30 am
38340 5 Sun Sept. 17-Oct. 15  12:45-1:15 pm
38341 5 Sun Oct. 29-Dec. 3   12:45-1:15 pm
(no mtg Nov. 26)

KIDS SWIMMING
AGES 7 THRU 9   LEVEL 2
Beginning swimmers who have finished Level 1 Swim or know basic swim techniques will continue to develop their technique.

ClassID # $69
38342 5 Sat Sept. 16-Oct. 14  10:30-11 am
38343 5 Sun Sept. 17-Oct. 15  1:15-1:45 pm
38344 5 Sun Oct. 29-Dec. 3   1:15-1:45 pm
(no mtg Nov. 26)

KIDS SWIMMING
AGES 10 THRU 14   ALL LEVELS

ClassID # $69
38345 5 Sat Sept. 16-Oct. 14  11-11:30 am
38346 5 Sun Sept. 17-Oct. 15  1:45-2:15 pm
38347 5 Sun Oct. 29-Dec. 3   1:45-2:15 pm
(no mtg Nov. 26)

Daisy Capetillo is a certified lifeguard. She is on the LA Trade Tech Swim Team and coaches at Santee Education Complex High School.

See Donna Hurley’s bio on page 38.

Natalie Parish is a certified lifeguard who also teaches for the YMCA.

Taylor Ware is a certified swim instructor who has been teaching since 2009.

SWIM CLUB!
AGES 7 THRU 15
Swim Club is for those who’ve mastered our level 2 swim, or for newcomers already capable of swimming 1 roundtrip lap of front crawl and 1 roundtrip lap kicking on their back, without stopping. Our instructors team together to give you the benefit of all their strengths, so students are encouraged to sign up for both Tuesdays and Saturdays for maximum benefit and fun, and the full club experience.

Strengthening & Conditioning
Become a stronger, faster, better swimmer. You will work on perfecting your front and back crawl—the two main strokes swim teams look for—as well as endurance, speed, and performance. This class can help prepare students for swim team if that is of interest, but is useful for anyone who wants to spend time in the water.

5 Saturdays 11-11:45 am $69
ClassID #38349 Oct. 28 thru Dec. 2
(no mtg Nov. 25)

Advanced Strokes: Elementary Backstroke
Spice up your aquatic routine by learning new ways to get across the pool. Your friends will be impressed—and with so many options, you’ll never get bored of swimming!

5 Tuesdays 6:15-7 pm $69
ClassID #38348 Sept. 12 thru Oct. 10

Coming this Spring—Breaststroke & Butterfly!

PRIVATE SWIMMING LESSONS
AGES 6 MONTHS TO ADULT
Customized one-on-one instruction is ideal for anyone trying to overcome a fear of the water, and infants and toddlers who have progressed past Parent & Me classes. The most effective way to maximize class time, private lessons are a great bridge to group lessons for any age. Participants will learn lifesaving water safety skills and ultimately become independent swimmers.

Call the office to schedule.
Two half-hour lessons $49
OR
Semi-Private Lessons
Add a second person to private lessons for just $20 per hour.
Brit-West Soccer

Brit-West Soccer was established in 1990 and over the past 20 years has become well known for providing quality, age-appropriate coaching in a fun and sporting environment. Brit-West employs only the most qualified and experienced coaches who are carefully and specifically selected for these age groups. Brian Miller, Director of Coaching, was a PE teacher and soccer coach at Pepperdine University. He is an AYSO coaching instructor and licensed by the United States Soccer Federation.

Tiny Pros Soccer  Ages 2 thru 7

Soccer is a great sport that all levels of ability can play. Our highly-successful, age-appropriate curriculum teaches technique in a fun way. Be amazed at how quickly your child develops the basic skills that are the stepping stones for playing soccer. Then, as those skills improve each week, we include a small-sided game to help put those skills in context. Our goal is to instill your Tiny Pro with confidence, coordination, friendship, and a love of the game.

8 Saturdays  $129
Sept. 9 thru Oct. 28
ClassID #38299  Ages 2 - 3½  9-9:45 am
ClassID #38300  Ages 3½ - 5  10-10:45 am
ClassID #38301  Ages 5 - 7  11-11:45 am

4 Saturdays  $75
Nov. 11 thru Dec. 9 (skip 11/25)
ClassID #38302  Ages 2 - 3½  9-9:45 am
ClassID #38303  Ages 3½ - 5  10-10:45 am
ClassID #38304  Ages 5 - 7  11-11:45 am

Brit-West Soccer

Player Development Center  Ages 7 thru 14

Take your child’s game to the next level with a professional academy. Brit-West Soccer’s high-end ‘Player Development Center’ is now at West Los Angeles College! Focus is on improving skills of those who already play soccer. Cal South and nationally qualified coaches will target elite skills and game development, with a tailored performance report for each player and opportunities for those showing outstanding ability to play on tournament teams. Sessions are devised specifically for targeted age groups. Come early to warm up and get nutrition advice. All players will receive a free training shirt!

8 Fridays  $195
Sept. 8 thru Oct. 27
ClassID #38275  Ages 7-9  4-5:15 pm
ClassID #38276  Ages 10-14  5:30-6:45 pm

6 Fridays  $150
Nov. 3 thru Dec. 15 (skip 11/24)
ClassID #38277  Ages 7-9  4-5:15 pm
ClassID #38278  Ages 10-14  5:30-6:45 pm

Fencing Fun for Kids!

Introduce your child to this Ivy League, Olympic sport!
Just $185 for 4 sessions at a state-of-the-art facility.
Choose Monday, Wednesday, Friday (4-5pm) OR Sat (1:30-2:30pm).
Call our office at (310) 287-4475 to purchase 4 consecutive weeks with the start date of your choice.
Single sessions ($55) or one-time trial ($35) also available.

Register online 24/7 for all Extension classes at http://westside.wlac.edu.
Gymnastics

Gymnastics is a great way to enhance your child's motor development and hand-eye coordination. Westside Extension offers these classes at the Josephson Academy of Gymnastics, a first-class gymnastics training center in Culver City. The facility sports a full slate of Olympic gymnastic apparatuses, two tumbling floors and a strip, two sunk trampolines and a complete line of kinder equipment.

The classes are conducted by JAG's staff of professional coaches—many of them former gymnastic champions—who are safety certified by USA Gymnastics. Classes are held one day a week for 6 weeks. Check our website for additional classes. Directions to the facility will be provided upon registration.

Session 1: Begins the week of Sept. 23
Session 2: Begins the week of Nov. 4
No meeting Oct. 31 and Nov. 22-26.

Be sure to choose the class associated with the session you want when registering. Make-up dates should be scheduled with JAG.

JOEYS Ages 1-3 Coed
This structured, coed “parent and me” class helps toddlers refine motor skills, develop body awareness and learn social and listening skills. Fun for both parent and toddler!

Sess. 1 Sess. 2 $185
38212 38213 6 Sat 12:05-12:50 pm
38214 38215 6 Sun 1:05-1:50 pm

ELEPHANTS Ages 3-5 Coed
Older pre-schoolers use pre-school and “big kid” equipment for a fun, challenging experience. Special attention is placed on skills needed for Kindergarten.

Sess. 1 Sess. 2 $235
38216 38217 6 Sat 2:30-3:25 pm
38218 38219 6 Wed 5:35-6:30 pm
38220 38221 6 Wed 6:35-7:30 pm
38222 38223 6 Fri 3:30-4:25 pm

FLIPS 4 DANCE Ages 7 & Up Girls
This girls only tumbling class is perfect for dancers who want to concentrate on the tumbling skills unique to dance including front and back walkovers, front and side aerials, illusions and handsprings.

Sess. 1 Sess. 2 $235
38252 38253 6 Sun 2:10-3:05 pm

BOYS & GIRLS GYMNASICS

BLUE/YELLOW Ages 5 & Up
Fitness and fun with logical progression and attainable goals for beginners and advanced beginners. Cartwheels, handstands, rolls and basics on girls and boys equipment.

Sess. 1 Sess. 2 $235
Girls
38224 38225 6 Sat 2:10-3:05 pm
38226 38227 6 Sun 2:10-3:05 pm
38228 38229 6 Mon 5:45-6:40 pm
38230 38231 6 Tue 6:35-7:30 pm
38232 38233 6 Fri 2:30-3:25 pm
38234 38235 6 Fri 4:30-5:25 pm

Boys
38236 38237 6 Sat 1:05-2:00 pm
38238 38239 6 Sun 2:05-3:00 pm

NINJA ZONE Ages 3-11 Coed
Super-energetic boys & girls can boost athleticism with this combination of gymnastics, martial arts, obstacle training, and freestyle movement to create ninja-like moves that are used to conquer challenges and elude (imaginary) opponents.

Lil Ninjas (Ages 3-5)
Sess. 1 Sess. 2 $235
38240 38241 6 Sat 12:05-1:00 pm
38242 38243 6 Thu 4:30-5:25 pm
38244 38245 6 Fri 2:30-3:25 pm

Ninjas (Ages 5-11)
Sess. 1 Sess. 2 $235
38246 38247 6 Sat 2:35-3:30 pm
38248 38249 6 Sun 2:35-3:30 pm
38250 38251 6 Wed 5:35-6:30 pm

Call (310) 287-4475 to enroll with MasterCard, Visa or Discover.
**KIDS**

**Ice Skating & Hockey**

Westside Extension partners with the Toyota Sports Center to offer ice skating and hockey classes. This first-class facility near LAX is the practice home of the 2012 & 2014 Stanley Cup Champion Los Angeles Kings, and is located about 8 miles south of WLAC. Directions will be provided upon registration.

**Important:** Parents MUST arrive 30 minutes before class the first day and assist their child with skates before each class, and stop by Guest Services to fill out emergency forms.

**Call office or see website for dates.**

**Parent & Me**

**Beach Babies on Ice**

**Age 3**

Introduce your child to the fun sport of ice skating. Instructors emphasize the proper way to fall and get up while teaching marching in place—then moving, balance and control. Parents are encouraged to participate with their child.

- 4 Saturdays: 10:45-11:15 am
- 4 Sundays: 10:50-11:20 am

**Ice Skating for Tots**

**Ages 4-5**

Children will be taught how to stand up on skates, marching, dips and forward skating.

- 4 Tuesdays: 4-4:30 pm
- 4 Saturdays: 12:15-12:45 pm
- 4 Sundays: 10:20-10:50 am

**Youth Ice Skating**

**Ages 6-14**

Learn basic forward and backward skating, swizzles, backward wiggles and snowplow stops.

- 4 Tuesdays: 4:30-5 pm
- 4 Saturdays: 12:15-12:45 pm
- 4 Sundays: 10:20-10:50 am

**Ice Hockey for Tots**

**Ages 4-6**

Learn basic forward and backward skating, swizzles, backward wiggles and snowplow stops.

- 4 Saturdays: 10:45-11:15 am
- 4 Sundays: 10:50-11:20 am

**Ice Hockey for Youth**

**Ages 7-14**

This is a learn-to-ski class for those who want to learn to play hockey. Basic skating skills—such as balance, edges, skating forward and backwards—safety and hockey terminology are taught. No sticks or pucks are used, but a helmet is recommended. Full gear is optional.

- 4 Saturdays: 11:15-11:45 am
- 4 Sundays: 12:20-12:50 pm

**Manga Madness: Draw in the Manga Style**

**Ages 13 & Up**

Are you mad for manga? Create your own! Learn to draw monsters, heroes, samurai, pretty girls, cutey characters, and/or giant robots in the popular Japanese style. Neal will teach you all the basics of the genre known for its ability to bring characters and a story to life. You’ll find out about manga proportions and stylistic facial features, along with character development and inking techniques. View supply list on website.

Cartoonist and illustrator Neal Yamamoto’s work includes comic books and character design for Asatru America, the Japanese American National Museum, Brainstorm Comics, Ares Entertainment, and Wunderman Comics.

- 5 Wednesdays: 7-8:30 pm $59 Class ID #38254
- Sept. 27 thru Oct. 25
Call (310) 287-4475 to enroll with MasterCard, Visa or Discover.

PRIVATE TUTORING LANGUAGE

ARTS & MATH    GRADES K THRU 6
Tailored to your child’s individual needs, Westside Extension tutors can help improve your child’s reading comprehension, writing, spelling, math and/or study skills. Homework assistance is also available. All tutors are credentialed instructors.

Three 1-hour sessions for $99.

Call 310-287-4475 to sign up your child for private tutoring. Please let us know what grade your child will be entering in the fall, and what subjects you want to focus on. A tutor will call you to arrange date(s) and time(s) within 24 hours of payment.

For the High School set...

SAT/ACT Test Preparation (Online Instruction Center)

Introduction to Chemistry (Online Instruction Center)

Math Refresher (Online)

Introduction to Statistics (Online Instruction Center)

GRE Prep Series (Online)

Introduction to Biology (Online)

TEST-TAKING SECRETS FOR SCHOOL & JOBS    AGES 12 & UP
Those who test well excel—in school and in life! Discover NEW ways to excel on ALL tests by focusing on key underlying principles that always apply. Whether you’re taking academic exams like APs, the SAT or ACT, exit exams, GRE, LSAT, or MCAT—or the bar exam, CPA exam, or other employment and promotional exams—this class will teach you how to prevent test anxiety, increase focus and concentration, and reason your way to the right answer. You’ll also find out about the three biggest mistakes test-takers make, and how to correct them. So join us before you take another test! *Class fee includes comprehensive 92-page workbook that you’ll refer to again and again.

Curtis Adney (see bio pg. 11)

1 Saturday 9 am-Noon $79
ClassID #38205 September 23

TEST-TAKING SECRETS FOR SCHOOL & JOBS    AGES 12 & UP
Those who test well excel—in school and in life! Discover NEW ways to excel on ALL tests by focusing on key underlying principles that always apply. Whether you’re taking academic exams like APs, the SAT or ACT, exit exams, GRE, LSAT, or MCAT—or the bar exam, CPA exam, or other employment and promotional exams—this class will teach you how to prevent test anxiety, increase focus and concentration, and reason your way to the right answer. You’ll also find out about the three biggest mistakes test-takers make, and how to correct them. So join us before you take another test! *Class fee includes comprehensive 92-page workbook that you’ll refer to again and again.

Curtis Adney (see bio pg. 11)

1 Saturday 9 am-Noon $79
ClassID #38205 September 23

KIDS

For the High School set...

SAT/ACT Test Preparation (Online Instruction Center)

Introduction to Chemistry (Online Instruction Center)

Math Refresher (Online)

Introduction to Statistics (Online Instruction Center)

GRE Prep Series (Online)

Introduction to Biology (Online)

Call (310) 287-4475 to enroll with MasterCard, Visa or Discover.
Directions

TO WEST LOS ANGELES COLLEGE

Most Westside Extension classes are held at West Los Angeles College, located at Overland Ave and Freshman Drive, two lights south of Jefferson Blvd., in Culver City. The street address is 9000 Overland Ave. A second convenient entrance is at 10100 Jefferson west of LaCienega.

From La Cienega Turn west on to Rodeo. Rodeo becomes Jefferson Blvd. Then, turn left on College Blvd., which brings you to the campus.

From Westchester, the Airport area & the South Bay Take the San Diego (405) Freeway north. Exit at Jefferson Blvd. Turn right onto Jefferson, and proceed straight, crossing Sepulveda. The street name will change to Playa, and when it curves north about 1/4 mile farther, Playa becomes Overland Ave. Proceed north on Overland past two stop signs. The next light is Freshman Drive. Turn right, onto the campus.

From West Los Angeles, Santa Monica & the San Fernando Valley Take the San Diego (405) Freeway south. Exit at Jefferson Blvd. Turn left onto Jefferson, and proceed south on Overland about 2.5 miles. Continue past Jefferson Blvd, and make a left turn at the second signal, Freshman Drive.

From Downtown Los Angeles Take the Santa Monica (10) Freeway west. Exit at Overland Ave. Turn left, and proceed south on Overland about 2.5 miles. Continue past Jefferson Blvd, and make a left turn at the second signal, Freshman Drive.

From Ladera Heights & Inglewood Take Slauson west to Hannum (by Fox Hills Mall, 1 block east of Sepulveda) and turn right. Make a right at Playa. Playa curves north and becomes Overland Ave. Proceed north on Overland past two stop signs. The next light is Freshman Drive. Turn right, onto the campus.

Parking

GETTING TO OUR OFFICE

Our office is located in the large building at the far end of Parking Lot 5. To reach our office, follow the signs on Freshman Dr. to Parking Lot 5. There are metered parking spots at the far end of the lot, near our office. If you park, even temporarily, in the regular student parking spaces without a permit—you may be ticketed.

STUDENT PARKING

Due to construction, there is no parking on Freshman or Sophomore Drives. Westside Extension student parking is available in the 1,000-car structure and overflow lot. Lot 5 off Freshman Dr., Lots A, 1 & 2 and Lot 4A near the PEC Complex. Latter four lots may not be available some weekends. Some metered parking spaces may be available in Lot 5 (25 cents per half hour, 2 hours max). You must park at a paid meter or display a valid West L.A. College parking permit, 7 days a week. You may buy a daily permit for $2 from permit dispensing machines located in each parking lot (use one dollar bills or quarters only). Or you may buy a semester-long WLAC parking permit online for $23 or in person at the Westside Extension Office for $20 (strictly cash only).

Permits purchased are good for ‘blank’ parking spots only (not handicapped, staff, carpool, or ASO Preferred). Handicapped parking is available in all student and staff lots—a valid handicapped placard must be displayed, along with your student permit.

Register online 24/7 for all Extension classes at http://westside.wlac.edu.
CLASS & REFUND POLICIES
Westside Extension is a self-supporting (not funded by taxpayers) program. To ensure a quality program, the following policies have been established. Classes may be cancelled due to low enrollment; we will make every effort to alert all registered students in advance. For safety and liability reasons, no one—including spouses, friends or children—may attend any class without first enrolling. Students whose conduct is detrimental (including, but not limited to, dishonesty, disruption of classes, theft or property damage and willful disobedience) may be removed from class and/or denied enrollment. Please call our office at (310) 287-4475 if you have any questions.

CANCELLATION/TRANSFER POLICY

PHARMACY TECHNICIAN, WEST LANGUAGE ACADEMY, AND CAMPS HAVE SEPARATE AND DIFFERENT REFUND POLICIES. SO READ THEM CAREFULLY BEFORE ENROLLING.

STANDARD POLICY
Refunds, credits, and transfers will be granted ONLY if you notify the Westside Extension office AT LEAST 5 DAYS BEFORE CLASS BEGINS that you wish to make a change - so please choose your classes carefully. Refunds, transfers or credits CANNOT be granted once class begins, or for absences or late registrations. Missed class meetings cannot be made up in another class. Refunds and transfers must be processed by the Extension office - you cannot do it yourself online.

Notification of cancellation may be by phone, mail, email, or in person. A $10 processing charge will be deducted for each class cancellation/change. If you paid by credit card, your account will be credited. If you paid by cash, check or money order, you will receive a check refund (allow 2-3 weeks for processing). A credit toward other Westside Extension classes may be issued in lieu of a refund if you wish. Returned checks will be subject to an additional $20 handling charge. Of course, full refunds will be given when a class is cancelled by Westside Extension.

WESTSIDE EXTENSION STAFF
Cari Hildebrandt, Director
Roberta Vadman

Event Assistants
Xochi Aguero
Gannon Baxter
Gabrielle Gomez
Gaby Mejia
Janet Mendez

Graphic artwork and layout by:
Jason Sofianos and Clarissa Castellanos.
Cover designed by Beverly Hawkins Hall.

For comments and inquiries, write to:
Westside Extension
West Los Angeles College
9000 Overland Ave.
Culver City CA 90230-3519
Visit us on the web at westside.wlac.edu

Call (310) 287-4475 to enroll with MasterCard, Visa or Discover.

For complete description of policies see the website at westside.wlac.edu
Five Easy Ways to Register

Online
Most convenient! You can register online 24/7 for most Westside Extension classes. Our online registration is fast, easy, and secure! Go to westside.wlac.edu, and search or browse for classes. Add what you want to your shopping cart, then go to checkout. If a class is full, please add yourself to the waiting list so we may contact you if space becomes available or we are able to schedule another class.

By Mail
Complete the registration form on the opposite page and clip it out. Please print clearly and provide all of the information requested. Be sure to include any material fees due at registration. For your safety and security, we strongly recommend money orders payable to WLAC Community Services for mail-in registrations instead of checks or credit card information.
Mail to:
Westside Extension
9000 Overland Ave.
Culver City, CA 90230-3519

Walk In
We love meeting our customers! Drop by our office to register for Westside Extension courses. Pay by credit card, check, money order or cash. There’s convenient metered parking in Lot 5 (see map page 46). Checks will take three weeks or more to clear your bank.

By Phone
Just give us a call during office hours. Have your credit card handy so we can help you quickly. Credit card payments are submitted directly to USAepay online and not kept in the office or database, so you can be sure your information is secure. This means we need your credit card information each time you call.
Note: We cannot hold reservations for classes without payment.
(310) 287-4475

By Fax
Fax your registration form to us day or night at (310) 287-4258. Be sure to include all your credit card and registration information, as well as any material fees due at registration.

Westside Extension Office Hours
Monday - Friday
Noon - 5 pm

Expanded Hours
Sept. 11 Thru Nov. 9
Monday - Thursday
Noon - 7 pm
Fridays
Noon - 5 pm
Saturdays
8:30 am - 1 pm

Open select Sundays, some additional Saturday mornings and weeknights, based on class schedules. Call for details.

Our Office Will Be Closed:
Sept. 4, Nov. 10, Nov. 23–26, Dec. 18–Jan. 2, 2018

All Hours Subject to Change.
Put a Little Class in Your Life with westsidextension

“Learning is a treasure that will follow its owner everywhere”
Chinese Proverb

Back-to-school is not just for kids. Find your treasure inside.

westside.wlac.edu
Register online 24/7 or call 310-287-4475

Westside Extension is located at the back of Parking Lot 5
Put a Little Class in Your Life with wesstsidextension

“Learning is a treasure that will follow its owner everywhere”

Chinese Proverb

Back-to-school is not just for kids. Find your treasure inside.

westside.wlac.edu

Register online 24/7 or call 310-287-4475

Westside Extension is located at the back of Parking Lot 5