

Foster & Kinship Care Education
West Los Angeles College
9000 Overland Ave., Culver City, CA 90230
E-mail: FKCE@WLAC.edu Phone/Voicemail: (310) 287-4530
Summer SCHEDULE 2023
(RFA Renewal Hours, SCI, W Rate)

SCHEDULE OF CLASSES

The FKCE program at West Los Angeles College provides free online trainings

All trainings are hosted online from *July-August 2023*

Register for all classes at <https://forms.gle/5GhfSCLRn7MaKUe6>

Specialized Care Increment Trainings (12 hours) **(Formerly known as D & F)**

Date	Time	Trainer
July 15, 22, 29, 2023 (Spanish)	9:00am-1:00pm	Leila Montiel
July 25, 26, 27, 2023	5:30pm-9:30pm	Daniel Torres
August 16, 17, 18, 2023 (Spanish)	5:30pm-9:30pm	Marisela Magana
August 19, 26 & September 2, 2023	9:00am-1:00pm	Daniel Torres

***Please Note:** Trainings may be canceled due to low attendance.

July 2023

Saturday 7/1/23	9:30am-11:30am	Técnicas y Estrategias para Manejar Comportamientos Esta clase cubrirá formas efectivas para manejar comportamientos difíciles. Hablaremos de tratamientos efectivos y la importancia del autocuidado.	Marisela Magana
Thursday 7/6/23	6:00pm-9:00pm	Behavioral Management Techniques & Strategies This class will discuss effective ways to handle challenging behaviors. It will further cover effective treatments and the importance of self-care when managing challenging behaviors.	Tamitra Clark
Saturday 7/8/23	9:30am-11:30am	Construyendo Vínculos Saludables Esta clase ayudará a identificar los diferentes estilos y métodos de Apego para crear otros saludables. Los vínculos saludables ayudan a los niños a confiar y crear relaciones positivas a largo plazo.	Marisela Magana
Tuesday 7/11/23	9:30am-12:30pm	Resources 101 This class will provide you with emergency resources. Become resourceful by knowing where to seek for services and support.	Daniel Torres
Thursday 7/13/23	6:00pm-9:00pm	Level of Care-Specialized Care Increment Booster Learn about the different level of care tiers, funding, and support available based on the needs of your child and youth.	Leila Montiel
Tuesday 7/18/23	9:30am-12:30pm	Caring for Medically Fragile Infant/Children This class will discuss the most common medical conditions, manage treatment, and the importance of support.	Leila Montiel
Thursday 7/20/23	6:00pm-9:00pm	Trauma & Developmental Delays This class will provide foundational knowledge about how trauma can impact the development of children. It will also introduce the brain structure and early child development of children who have experienced trauma.	Tamitra Clark
Tuesday 7/25/23	9:30am-12:30pm	Common Diagnosis in Children Learn about the most common disorders in children. Their symptoms, behaviors, and treatments. This class will further discuss parenting, advocacy and resources for resource parents caring for children with these diagnoses.	Leila Montiel
Thursday 7/27/23	6:00pm-9:00pm	Prudent Parenting Making prudent decisions can be difficult. This class will help you Make careful and sensible parental decisions in accordance with RFA's written directives.	Marisela Magana

August 2023

Tuesday 8/1/23	9:30am-12:30pm	Turning Dreams into Degrees Course Part 2 Caregivers will feel empowered to discuss the value of higher Education with their high school youth and provide ideas for how they can play an active role in supporting their youth to college. Caregivers will learn the significance of early college exploration and preparation and key steps that they can take to help youth turn their dreams into degrees.	Leila Montiel
Thursday 8/3/23	6:00pm-9:00pm	Building Healthy Attachments This class will help identify the different attachment styles and methods to create healthy ones. Healthy attachments help children trust and create long-term positive relationships.	Daniel Torres
Saturday 8/5/23	9:30am-11:30am	Recursos 101 Esta clase te proporcionará recursos de emergencia. Vuélvase ingenioso, sabiendo dónde buscar servicios y apoyo.	Marisela Magana
Tuesday 8/8/23	9:30am-12:30pm	CSEC: Commercial Sexual Exploitation of Children Our focus is to bring awareness and identification of Commercial Sexual Exploitation of Children, a form of human trafficking where Our children are forced into sexual slavery. We will equip you with a basic understanding of the crime and its scope. You will be given information needed to spot the red flags of a CSEC victim.	Leila Montiel
Thursday 8/10/23	6:00pm-9:00pm	Preparing for your 1st Placement Knowing what questions to ask before placement helps with making a formal decision. This class will further discuss what to expect at the beginning of placement and how to support the child through the loss and separation.	Marisela Magana
Saturday 8/12/23	9:30am-11:30am	Nutrición y Bienestar: La clase discutirá las diferentes formas de preparar alimentos saludables y nutritivos. Aprenda estrategias exitosas y creativas para promover el bienestar diario durante todo el día.	Marisela Magana
Tuesday 8/15/23	9:30am-12:30pm	Understanding Psychotropic Medication Class will provide basic knowledge and understanding of the structure of the brain and how it works. How medication affects brain functions & what a comprehensive evaluation consists of. Class will also review myths related to medication, as well as explore and discuss the pro and cons of medication.	Barbara Fellows
Thursday 8/17/23	6:00pm-9:00pm	Turning Dreams into Degrees Course Part 2 Caregivers will feel empowered to discuss the value of higher education with their high school youth and provide ideas for how they can play an active role in supporting their youth to college. Caregivers will learn the significance of early college exploration and preparation and key steps that they can take to help youth turn their dreams into degrees.	Daniel Torres

Tuesday 8/22/23	9:30am-12:30pm	Behavioral Management Techniques & Strategies This class will discuss effective ways to handle challenging behaviors. It will further cover effective treatments and the importance of self-care when managing challenging behaviors.	Daniel Torres
Thursday 8/24/23	6:00pm-9:00pm	Resource Parents Rights & Responsibilities This class will review the written directives on resource parents' rights and responsibilities according to the written directives.	Barbara Fellows
Tuesday 8/29/23	9:30am-12:30pm	Allegations Happen! Going through an allegation can be a stressful moment. Learn what to expect, the process and how to be prepare.	Barbara Fellows
Tuesday 8/31/23	9:30am-12:30pm	Creating a Support System: Self-Care Successful Resource parents' need a village to care for a child who has experienced trauma. This class will help bring awareness of the importance of creating a support system as part of self-care.	Barbara Fellows

QUESTIONS AND ANSWERS

How many renewal hours do I need every year?	8 Hours RFA Renewal Hours 6 Hours SCI (Formerly known as D & F Rate) 4 Hours W Rate
What is the process to become a resource parent?	The first step in order to foster or adopt a child is to call 1-888-811-1121 or go to https://dcfs.lacounty.gov/caregivers/become-a-foster-parent/ to register and attend an orientation.
What is Resource Family Approval Training (RFA)?	This program is the pre-service training mandated by Department of Children and Family Services (DCFS) for all prospective resource and adoptive parent in Los Angeles County.
What is the cost of renewal classes and pre-service certification trainings?	Classes are FREE to current resource and kinship parents as well as the community in general, please pre- register at https://forms.gle/CCT5TPHhReRh7DXy9 You can reach us at (562) 367-3407 or by e-mail FKCE@wlac.edu
What does Specialized Care Increment Training (SCI) mean?	The Special Care Increment (SCI) Training is the 12 hours foundational training for resource parents who are caring for children, adolescents and non-minor dependents who require specialized care resulting in resource parents going above and beyond the basic level of care (LOC) to meet a child's health, physical, emotional, behavioral, educational, permanency and family service needs. This training covers an overview and explanation of LOC & SCI, substance use, medication and behavior management, the impact of trauma on development, navigating the educational system, birth parent engagement, self-care and resources for successful SCI placement.

